

Sing With Glen

拍數: 64 牆數: 2 級數: Improver
編舞者: Ephraim Kirkland - August 2008
音樂: Sing - Glen Campbell



Start with the lyrics (after 64 counts)

Left Lock Step, Hold, Mambo Turn (1/4 R), Hold

1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Rock right forward, recover to left, turn 1/4 right and step right forward, hold (3:00)

Mambo Step, Hold-Quarter-Cross, Side, Touch, Hold

13-4 Rock left forward, recover to right, step left back, hold
&5 Turn 1/4 right and step right in place (6:00), step left across right
6-8 Step right to side, touch left toe out to side, hold

Step-Cross, Hold, Quarter, Hold, Sailor Turn (1/4 R), Hold

&1-4 Step left to side, step right across left, hold, turn 1/4 right and step left back (9:00), hold
5-6 Sweep right behind left as you turn 1/4 right (12:00), step left beside right
7-8 Step right forward, hold (steps 5-8 make up a right turning sailor step with a hold)

Step-Rock, Hold, Kick, Hold, Lock Step Back

&1-4 Step left forward, rock right forward, hold, recover to left as you kick right foot forward, hold
5-8 Step right back, lock left across right, step right back, hold

Side, Bump, Bump, Hold, Cross, Recover, Quarter, Touch

1-4 Step left to side as you rock hips left, rock hips right, rock hips left, hold
5-6 Rock right across left, recover weight to left
7-8 Turn 1/4 right and step right forward (3:00), touch left beside right

(Repeat the last 8 above) Side, Bump, Bump, Hold, Cross, Recover, Quarter, Hold

1-4 Step left to side as you rock hips left, rock hips right, rock hips left, hold
5-6 Rock right across left, recover weight to left
7-8 Turn 1/4 right and step right forward (6:00), touch left beside right

Left Lock Step, Hold, Quarter (L), Side, Cross, Hold

1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Step right forward, turn 1/4 left and step left to side (3:00), step right across left, hold

Touch, Step, Touch, Quarter, Touch, Step, Touch, Step

1-2 Touch left toe out to side, step left beside right
3-4 Touch right toe to side, turn 1/4 right and step right beside left (6:00)
5-8 Touch left toe to side, step left beside right, touch right toe to side, step right beside left

Repeat