

# Say Cheese

拍數: 64      牆數: 2      級數: Intermediate / Advanced  
編舞者: Kimberley Zomers, Kevin Stouthandel (NL) & Natasja de Raad (NL) - August 2008  
音樂: Say Cheese - KC



## Intro: 16 Counts

### §1: Running Man Steps x 2, ¼ L, Step Side R, Touch Toe L, ¼ L, Step Fwd L, Touch Toe R

1-4      R Step fwd, Draw R near L, L Step fwd, Draw R near L  
5-8      ¼ R step R to R, Touch L toe next to R, ¼ R step L fwd, Touch R toe next to L [[6:00]

### §2: Touch Toe Side R, Touch Toe Side L, Touch Toe Side R, Body Roll, Step Diagonal Fwd R, Cross L Behind R, ½ L, Kickball Rock

1&2&34      Touch R toe to R, Step R next to L, Touch L toe to L, Step L next to R, Touch R toe to R, start body roll from bottom to top  
&567&8      R Step fwd, L Cross behind R, ½ L, R Kick fwd, R Step fwd, L Cross behind R, R Recover weight [12:00]

### §3: ¼ L, Kickball Rock, Sweep R, Ronde R, Moonwalk Bwds

1&2&      ¼ L kick L fwd, L Step fwd, R Cross behind L, Recover weight L [9:00]  
34      R sweep into ronde (end in front of L)  
5      With L push R flat to the back, weight ends on R  
6      With R push L flat to the back, weight ends on L  
78      Repeat counts 56.

### §4: Step Fwd R, ½ R, Sweep L, Sailor Step L, Step Fwd L, ½ L, Sweep R, Sailor Step R

123&4      R Step fwd, ½ R step L back, sweep R around and R Cross behind L, L Step to L, Step R to R [3:00]  
567&8      L Step fwd, ½ L step R back, Sweep L and Cross behind R, R Step to R, L Step to L [9:00]

### §5: Jumping Applejacks, Jumping Heel Touches

1&      Turn L heel inside and turn R toes outside, Turn both feet back to center  
2&      Turn R heel inside and turn L toes outside, Turn both feet back to center  
3&4&      Repeat counts 1& above twice.  
5&      R Jump diagonal back to R and touch L heel diagonal fwd, Jump both feet back to center  
6&      L Jump diagonal back to L and touch R heel diagonal fwd, Jump both feet back to center  
7&8&      Repeat counts 5& above twice.

### §6: Scuff R, Hitch R, Step Fwd R, Cross Fwd, Step in place R, Step side R, Bounce R-L-R-R

123&4      R Scuff fwd, R Step fwd, L Cross behind R, R Step slightly fwd, L Step L  
5678      Recover weight R-L-R-L (bouncing body on each count)

### §7: Bend both knees, Jump, Cross R, ½ L, Hitch Knee, Shoulder Pop, Side R, Cross L, Side R

1234      Bend both knees, Jump up and cross R over L, ½ L, Hitch R knee [3:00]  
5&6      R shoulder up and L shoulder down, L shoulder up and R shoulder down, R shoulder up and L shoulder down  
7&8      R Step to R, L Cross over R, R Step to R

### §8: Diamond Turn R, Stomp L

1234      L Step diagonal L fwd (1:30) with body facing 4:30, Touch R toe next to L, ½ R step R diagonal fwd R (10:30) with body facing 7:30, Touch L toe next to R  
5678      ¼ R step L diagonal L back (7:30) with body facing 10:30, Touch R toe next to L, ¼ R step R fwd (6:00) with body facing 6:00, L Stomp next to R

**Repeat! Neither Tag Nor Restart!!**

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