

Bossa Beat It

拍數: 64 牆數: 4 級數: Improver
編舞者: Lily Iizuka (JP) - August 2008
音樂: Beat It - Cris Delanno : (CD: Michael In Bossa)



Right Side Rock Recover Toe Strut, Left Side Rock Recover Toe Strut

1-2 Rock-Step R side, Recover (weight on left)
3-4 Toe Step R, R Heel Down (behind left foot)
5-6 Rock-Step L side, Recover (weight on right)
7-8 Toe Step L, L Heel Down (front right foot)

Right Forward Mambo, Hold, Back Lock Back, Hold

1-2 Rock-Step R forward, Recover (weight on left)
3-4 Step R next to left, Hold
5-6 Step L back, Cross Step R over left
7-8 Step L back, Hold

Coaster Step Hold, Right Sweep Step, Left Sweep Step

1-2 Step R back, Step L next to right
3-4 Step R forward, Hold
5-6 Sweep L back to front, Step L forward,
7-8 Sweep R back to front, Step R forward,

Left Step, Pivot Turn Right 1/4, Weave, Right Toe Point

1-2 Step L forward, Pivot turn right 1/4
3-4 Cross Step L over right, Step R side,
5-6 Cross Step L behind right, Step R side,
7-8 Cross Step L over right, Touch R toe point right side,

Cross, Back 1/4 Right Turn, Back, Hold, Cross, Back 1/2 Turn Left

1-2 Cross Step R over left, 1/4 right turn Step L back,
3-4 Step R diagonal back, Hold,
5-6 Cross Step L over right, Step R back preparation 1/2 turn left
7-8 1/2 turn left Step L forward, Hold, (12:00)

Right Forward Step, Cross Rock, Recover, Left Step, Cross Rock, Recover, Side Rock

1-2 Step R forward, Cross Rock-Step L over right
3-4 Recover (weight on right), Step L side,
5-6 Cross Rock-Step R over left, Recover (weight on left)
7-8 Rock-Step R side, Recover (weight on Left)

RESTART here DURING Wall 2

Right Step, Pivot Turn Left 1/2, Step, Hold, Full Turn, Left Step, Hold

1-2 Step R forward, Pivot turn left 1/2,
3-4 Step R forward, Hold, (6:00)
5-6 Turn right 1/2 Step L back, Turn right 1/2 Step R forward,
7-8 Step L forward, Hold, (6:00)

Turn Left 3/4, Cross, Recover, Weave

1-2 Turn left 1/2 Step R back, Turn left 1/4 Step L side, (9:00)
3-4 Cross Rock-Step R over left, Recover (weight on left)
5-6 Step R side, Cross Step L over right,

