

Hello!

拍數: 24 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG) - August 2008
音樂: Hello - Lionel Richie : (CD: The Definitive Collection)



Basic Nightclub, Side Rock, ¼ Turn Recover, ¼ Step, Behind, Sweep, Behind, Side, Cross Rock, ¼ Step

- 1-2& Step right to the right, step slightly back with left, cross right over left
3-4& Rock left to the left, make a ¼ turn right recovering onto right, make a ¼ turn right stepping left to the left, (6:00)
5&6& Cross right behind left, sweep left around right, cross left behind right, step right to the right
7-8& Cross rock left over right, recover onto right, make a ¼ turn left stepping slightly forward with left, (3:00)

Step, Full Turn Unwind, Step, Rock Forward, Back Lock Back, Rock Back, ½ Step, ¼ Turn Spiral, Run, Run

- 1-2 Step slightly forward with right, unwind a full turn left and step forward with left, (3:00)
&3 Rock forward with right, recover onto left
4&5 Step back with right, lock left across right, step back with right
6&7 Rock back with left, recover onto right, make a ½ turn right stepping back with left, (9:00)
& Make a ¼ turn right hooking right across left, (12:00)
8& Run forward; right, left

Step, ½ Pivot, Step, Step, ½ Pivot (Side), Cross, Side Rock, ¼ Turn Recover, ½ Step, Step Back, 1 ¼ Triple Turn

- 1-2& Step forward with right, pivot a ½ turn left, step forward with right, (6:00)
3-4& Step forward with left, pivot a ½ turn right stepping right to the right, cross left over right, (12:00)
5-6& Rock right to the right, make a ¼ turn left recovering onto left, make a ½ turn left stepping back with right, (3:00)
7 Step back with left
8& Make a 1 ¼ turn right stepping forward with right, back with left, (6:00)

Repeat

RESTART: On walls 4 and 8, restart the dance after count 6, facing 12:00
