

拍數: 24 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG) - August 2008

音樂: Hello - Lionel Richie: (CD: The Definitive Collection)



Basic Nightclub	, Side Rock, ¼ Turn Recover, ¼ Step, Behind, Sweep, Behind, Side, Cross Rock, ¼ Step
1-2&	Step right to the right, step slightly back with left, cross right over left
3-4&	Rock left to the left, make a ¼ turn right recovering onto right, make a ¼ turn right stepping left to the left, (6:00)
5&6&	Cross right behind left, sweep left around right, cross left behind right, step right to the right
7-8&	Cross rock left over right, recover onto right, make a ¼ turn left stepping slightly forward with

left, (3:00)

Step, Full Turn Unwind, Step, Rock Forward, Back Lock Back, Rock Back, ½ Step, ¼ Turn Spiral, Run, Run					
1-2	Step slightly forward with right, unwind a full turn left and step forward with left, (3:00)				
&3	Rock forward with right, recover onto left				
4&5	Step back with right, lock left across right, step back with right				
6&7	Rock back with left, recover onto right, make a ½ turn right stepping back with left, (9:00)				
&	Make a ¼ turn right hooking right across left, (12:00)				

8& Run forward; right, left

Step, ½ F	Pivot, Ste	ep, Ster	o, 1/2 Pivot	: (Side)	, Cross	, Side Ro	ock, ¼	Turn F	Recover,	½ Step,	Step Ba	ack, 1 1	∕₄ Triple
Turn													

l urn	
1-2&	Step forward with right, pivot a ½ turn left, step forward with right, (6:00)
3-4&	Step forward with left, pivot a ½ turn right stepping right to the right, cross left over right, (12:00)
5-6&	Rock right to the right, make a $\frac{1}{4}$ turn left recovering onto left, make a $\frac{1}{2}$ turn left stepping back with right, (3:00)
7	Step back with left
8&	Make a 1 ¼ turn right stepping forward with right, back with left, (6:00)

Repeat

RESTART: On walls 4 and 8, restart the dance after count 6, facing 12:00