

My Girl Shuffle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Yvonne Krause (USA) - August 2008
音樂: When She Was My Girl - Four Tops : (CD: Essential Four Tops)



Shuffle Right, Shuffle Left, Sailor Steps With ¼ Turn

- 1&2□ Shuffle to the side right, left, right
- 3&4□ Make ½ turn right (pivot turn) shuffling left, right, left
- 5&6□ Cross right behind left, step left to side, step right in place
- 7&8□ Cross left behind right, step right while turning ¼ turn right, step left in place

Heel Switches, ½ Turn Left, Shuffle, Full Turn Right

- 1&2&□ Touch right heel forward, step right beside left, touch left heel forward, step left beside right
- 3-4□ Step right foot forward, pivot ½ turn left
- 5&6□ Shuffle forward, right, left, right
- 7-8□ Two step full turn right, stepping left, right

Rock Recover, Coaster Step, Right Heel Grind, ¼ Turn Right, Coaster Step

- 1-2□ Rock left forward, recover on right
- 3&4□ Step left back, step right beside left, step left forward
- 5-6□ Take weight right heel forward and arc toe over two counts with ¼ turn right
- 7&8□ Step backward on right, step left beside right, step right forward

Left Heel Grind ¼ Turn Left, Coaster Step, Pivot ¼ Turn Left, Pivot ¼ Turn Left

- 1-2□ Take weight left heel forward and arc toe over two counts with ¼ turn left
- 3&4□ Step backward on left, step right beside left, step left forward
- 5-6□ Step right forward and pivot ¼ turn left
- 7-8□ Step right forward and pivot ¼ turn left

Repeat

TAG: After wall 3 and 6 there is a 4 count tag. It comes at the END of the dance so simply bump hips two to the front and two to the back and start the dance as usual
