

All Summer Long

COPPER **KNOB**
STEPSHEETS

拍數: 0 牆數: 0 級數: Phrased Novice / Intermediate
編舞者: Pim van Grootel (NL) & Daniel Trepap (NL) - July 2008
音樂: All Summer Long - Kid Rock



Sequence = A - A - B - A - A - B - A - A - B - C - A - A - B - A - C - A - A - A - A

Part A

SIDE, CROSS, ROCK ¼ TURN L, STEP, CHARLESTON STEPS

- 1 RF Step to right side
- 2 LF Cross over RF
- 3 RF Rock to the right
- & LF Recover with a ¼ turn left
- 4 RF Step forward
- 5 LF Touch forward (turn both heels in)
- & Turn both heels out, while going back with LF
- 6 LF Step backwards, turn both heels in
- 7 RF Touch backwards (turn both heels in)
- & Turn both heels out, while going fwd with RF
- 8 RF Step forward, turn both heels in

CROSS WITH ¼ TURN L, STEP, HEEL BALL CROSS, STEP, HEEL BALL KICK, OUT, OUT, TOES IN, HEELS IN, TOES IN.

- 1 LF Cross over RF with ¼ left
- & RF Step to right side
- 2 LF Heel diagonally left forward
- & LF Step next to RF
- 3 RF Cross over LF
- & LF Step to left side
- 4 RF Heel diagonally right forward
- & RF Step next to LF
- 5 LF Kick forward
- & LF Step out to side
- 6 RF Step out to side
- 7 Both toes in
- & Both heels in
- 8 Both toes in

STEP, STEP, SAILOR STEP WITH ½ TURN L, STEP, STEP, SAILOR STEP WITH ½ TURN R

- 1 LF Walk forward
- 2 RF Walk forward
- 3 LF Cross behind RF start ½ turn left
- & RF Step to side
- 4 LF Step forward finish ½ turn left
- 5 RF Walk forward
- 6 LF Walk forward
- 7 RF Cross behind LF start ½ turn right
- & LF Step to side
- 8 RF Step forward finish ½ turn right

KICK, SWEEP WITH RIGHT, CROSS, OUT, OUT, HEEL SWIVELS

- 1 LF Kick forward

- & LF Step next to RF
- 2 RF Sweep from back to forward
- 3 RF Cross over LF
- & LF Step out to side
- 4 RF Step out to side
- & LF Weight back on left
- 5 RF Heel in
- & Heel back
- 6 LF Heel in
- & LF Heel back
- 7&8& Repeat count 5&6&

Part B

WIZARD OF OZ STEPS 2X, WALK 4X FULL TURN R

- 1 RF Step diagonally right forward
- 2 LF Lock behind RF
- & RF Step diagonally right forward
- 3 LF Step diagonally left forward
- 4 RF Lock behind LF
- & LF Step diagonally left forward
- 5 RF Walk (Start a full turn right)
- 6 LF Walk
- 7 RF Walk
- 8 LF Walk (End the full turn right)

STEP WITH KNEE ACTIONS AND HITCH 2X

- 1 RF Step to side and bend yours knees and push them to the outside
- & Knees back in place
- 2 LF Hitch
- 3 LF Step to side and bend yours knees and push them to the outside
- & Knees back in place
- 4 RF Hitch
- 5 RF Step to side and bend yours knees and push them to the outside
- & Knees back in place
- 6 LF Hitch
- 7 LF Step to side and bend yours knees and push them to the outside
- & Knees back in place
- 8 RF Hitch

Part C

HEEL SWIVELS

- 5 RF Heel in
 - & Heel back
 - 6 LF Heel in
 - & LF Heel back
 - 7&8& Repeat count 5&6&
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