

Tumbling Rush

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - August 2008
音樂: They Call It Falling for a Reason - Trisha Yearwood



Start after 16 count intro

Or Music: Flashdance – Bjorn Again – (start after 88 count intro, 16 counts after heavy beat kicks in) – 125bpm

(1-8) Vine R 2, R Back, L Kick Ball Cross, Full Turn L, R Cross Step

1-2 Step R side, cross step L behind R
&3&4 Step R back, kick L forward, step L back, cross step R over L
5-6 Turning ¼ right step L back, turning ½ right step R forward
7-8 Turning ¼ right step L to side, cross step R over L (12 o'clock)

(9-16) Vine L 2, L Back, R Kick Ball Cross, ¾ L Turn, R Fwd, ¼ L Pivot Turn

1-2 Step L side, cross step R behind L
&3&4 Step L back, kick R forward, step R back, cross step L over R
5-6 Turning ¼ left step R back, turning ½ left step L forward
7-8 Step R forward, pivot ¼ left (12 o'clock)

(17-24) R Cross Step, L Back, R Sailor Kick, R Ball Cross & Point, ½ R Monterey

1-2 Cross step R over L, step L back
3&4 Step R behind, step side L, kick R forward
&5-6 Step R back, cross step L over R, point R toes to side
7-8 Turning ½ right step R together, point L toes to side (6 o'clock)

(25-32) L Fwd Shuffle, R Fwd, ¼ L Pivot Turn, R Cross Shuffle, ½ L Hinge Turn

1&2 Step L forward, step R together, step L forward
3-4 Step R forward, pivot ¼ left
5-6 Cross R over L, step L side, cross step R over L
7-8 Turning ¼ right step L back, turning ¼ right step R side (9 o'clock)

(33-40) L Cross Rock & Recover, ¼ L & L Fwd Shuffle, ½ L & R Back Shuffle, L Rock Back & Recover

1-2 Cross rock L over R, recover weight on R
3&4 Turning ¼ left step L forward, step R together, step L forward
5&6 Turning ½ left step R back, step L together, step R back
7-8 Rock L back, recover weight on R (12 o'clock)

(41-48) L Side Shuffle, R Cross Shuffle, L Side, ¼ R & R Side, L Cross Shuffle

1&2 Step L to side, step R together, step L to side
3&4 Cross step R over L, step L together, step R over L
5-6 Step L side, turning ¼ right step R side
7&8 Cross step L over R, step R side, cross step L over R (3 o'clock)

(49-56) R Step Touch, L Kick Ball Cross, L Step Touch, R Kick Ball Cross

1-2 Step R side, touch L together
3&4 Kick L forward, step L back, cross step R over L
5-6 Step L side, touch R together
7&8 Kick R forward, step R back, cross step L over R (3 o'clock)

(57-64) R Side Shuffle Turning ¼ L, ½ L & L Fwd Shuffle, R Jazz Box Cross

1&2 Step R side, step L together, turning $\frac{1}{4}$ left step R back
3&4 Turning $\frac{1}{2}$ left step L forward, step R together, step L forward
5-8 Cross step R over L, step L back, step R side, cross step R over L (6 o'clock)
