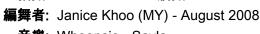
Whoopsie

拍數: 0

級數: Phrased Intermediate



牆數: 0

音樂: Whoopsie - Sayla

GOPPERSTEPSH



Intro 24 counts

Sequence : ABB ABB ABB AAA A-

Part A (32 counts)

Kick & Point, Kick & Point, Touch Touch Sweep & Change

- 1&2 Kick R fwd, step R next to L, point L to L side
- 3&4 Kick L Fwd, Step L Next To R, Point R To R Side
- 5,6 Touch R next to L, touch R fwd
- 7,8 Draw a semi circle with ¼ turn R, step R next to L (weight on R)

Step Out Out, Step Back & Sit, Shoulder Jerks

- 1,2, Step L diagonally to L, Step R diagonally to R
- 3,4 Step L back & sit on L hip as you roll your left shoulder to the back and look over your left shoulder
- 5& Roll left shoulder fwd, make small move (5), hold (&)
- 6&7& Repeat 5& twice
- 8 Roll left shoulder fwd, slowly shifting weight to R as you straighten up

Side Rock Cross, Side Rock Cross, Fwd Pivot, Step Out Out

- 1&2 Step L to L side, recover on R, cross L over R
- 3&4 Step R to R side, recover on L, cross R over L
- 5,6 Step L fwd, pivot ½ turn
- 7,8 Step L diagonally to L, Step R diagonally to R

Step Back & Sit, Shift Fwd, Shoulder Jerks

- 1,2 Step L back & sit on L hip as you roll your left shoulder to the back and look over your left shoulder
- 3,4 Shift weight fwd to R,as you roll left shoulder fwd (one big move) diagonally to R (body at an angle), drag L foot towards R foot
- 5& Step L to L as you roll left shoulder backwards, make small move (5), hold (&)
- 6&7& Roll left shoulder backwards (6), hold (&) repeat 6&
- 8 Roll left shoulder backwards, slowly shifting weight to L

Part B (32 counts)

Dips/Hip Bumps, Ball Cross Side, Ball Cross Side

- 1,2 Feet shoulder width apart, dip (1) & shift weight over to R ending with a hip bump (2)
- 3,4 Dip (3), shift weight over to L ending with a hip bump
- &5,6 Step R next to L, cross L over R, step R to R side
- &7,8 Step L next to R, cross R over L, step L to L side

Ball Fwd, ¼ Turn, Step Fwd ¼ Turn, Cross Side Behind Side Cross

- &1,2 Step R next to L, step L fwd, ¼ turn R
- 3,4 Step L fwd, ¼ turn R
- 5,6 Cross L over R, step R to R side
- 7&8 Cross L behind R, step R ro R side, cross L over R

Touch Flick, Coaster Step, Fwd Rock, ¼ Sailor

- 1,2 Touch R next to L, flick R diagonally R
- 3&4 Step back on R, step L next to R, step R fwd
- 5,6 Step L fwd, recover on R
- 7&8 Sweep L behind R with a ¼ turn L, step R to R side, step L in place

Step Lock, Step Lock Step, ½ Turn L Heel Swivels

- 1,2 Step R fwd, lock L behind R
- 3&4 Step R fwd, lock L behind R, step R fwd
- 5& On ball of both feet, swivel heels 1/8 to R (5), hold (&)
- 6& Swivel heels 1/8 to R (6), hold (&)
- 7&8 Swivel heels 1/8 to R (7), hold (&), swivel heels 1/8 to R (weight ends on L foot)

*A-: Dance up to 16 counts. To end facing the front wall, do a ¼ L turn, touch L next to R, place your R hand over your mouth on the word "Whoops" at the end of the song.