

Perfect

COPPER KNOB
BY STEPHEN BATES

拍數: 64 牆數: 2 級數: Improver
編舞者: Chris Watson (AUS) - August 2008
音樂: Perfect - Fairground Attraction



Start straight away on Vocals, when beat kicks in, weight on L foot

Side Shuffle R, Rock & Replace, Side Shuffle L, Rock & Replace

1&2,3,4 Step R to R Side, Bring L together and step R to R Side, Rock back onto L and forward onto R
5&6,7,8 Step L to L Side, Bring R together and Step L to L Side, Rock back onto R and Forward onto L

V Step ½ Turn, Shuffle Forward, Rock Forward and Back

1,2,3,4 Step R foot out on a R Angle, Step L foot Out on a L angle, Step R foot back to centre, doing a ½ turn via L (6 O Clock Wall)
5&6,7,8 Shuffle forward: Step R foot forward, bring L together and forward onto R, Rock forward onto L foot and back onto R.

Coaster, Rock forward & Back, ½ turn shuffle, Cross, Point

1&2,3,4 Step L foot back, Step R back together and forward onto L, Rock forward onto R and back onto L
5&6,7,8 ½ Turn R shuffling forward: Step R foot forward, bring L together and step R foot forward, Step L foot forward crossing L over R and point R toe to R side.

Cross Point, Cross Point, ¼ pivot, Step cross, side

1-4 Step R foot forward across in front of l, Point L to L side, Cross L foot forward in front of R and point R toe to R side.
5-8 Step forward onto R and ¼ turn pivot L taking weight onto L, Cross R foot over L and step L to L side.

R Sailor Step, Cross L over R, Step R to R Side ,Behind and Cross, Side rock replace.

1&2,3,4 Step R behind L, Step L to L Side, step R back to centre, Cross L over R and Step R to R side
5&6,7,8 Step L behind R, Step R to R side and Cross L over R, Rock R to R side and L to centre

Walk, Walk, Shuffle, ¼ turn Pivot, Cross Shuffle

1,2,3&4 Walk Forward R, L, Step R forward, bring L together and Step R forward
5,6,7&8 Step L foot forward doing a ¼ turn pivot, taking weight onto R, Cross L over R, Step R to R side, cross L over R

¼ turn, ¼ turn, Rocking Chair, Rock Forward & Back

1-4 Doing a ¼ turn L, Step R Back, Doing a ¼ turn L, step R to R side
5-8 Rock Forward on R, Back onto L, Back on R, Forward onto L, Rock Forward onto R and back onto L.

Restart dance in new direction