

# Trashed

COPPER KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Rafel Corbí (ES) - August 2008  
音樂: Let's Get Trashed - Mica Roberts & Toby Keith



Intro: 32 counts (vocals).

## Triple Step Diagonally Forward - Hold Or Scuff - Rocking Chair

1-2            Step forward with right foot (diagonally to right) - left beside right  
3-4            Step forward with right foot (diagonally to right) - hold (or scuff left beside right)  
5-6            Rock forward with left foot - recover to right  
7-8            Rock back with left foot - recover to right

## Triple Step Diagonally Forward - Hold Or Scuff - Rocking Chair

9-10           Step forward with left foot (diagonally to left) - light beside left  
11-12          Step forward with left foot (diagonally to left) - hold (or scuff right beside left)  
13-14          Rock forward with right foot - recover to left  
15-16          Rock back with right foot - recover to left

## Step Forward - Touch - Step Back - Touch - Basic To Right

17-18          Step forward with right foot - touch left beside right and clap hands  
19-20          Step back with left foot - touch right beside left and clap hands  
21-22          Step right to right side - left beside right  
23-24          Step right to right side - left beside right (touch)

## Low Mambo Step - Jazz Box

25-26          Rock forward with left foot - recover to right foot  
27-28          Step left foot beside right - hold & clap  
29-30          Cross right foot over left - small step left foot to left and back  
31-32          Small step right foot to right side - step left forward

Repeat

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