Follow You Follow Me

級數: Intermediate

編舞者: Helen P. Benjaminsen - July 2008

音樂: Follow You Follow Me - Genesis : (CD: And Then There Were Three)

百	*#: Follow You Follow Me - Genesis : (CD: And Then There Were Three)	e e e e e e e e e e e e e e e e e e e
Intro: 32 cou	nt intro	
Sway R And	L, Full Turn To R. Rock, Recover, Coaster Step	
1, 2	Sway right and left	
3&4	full turn to right (r, l, r)	
5, 6	rock, recover (r, l)	
7 & 8	coaster step (r, l, r)	
Make 1/4 Tu	rn To R W/Sweep, Mambo Step, Rock, Recover, Full Turn	
1, 2	1/4 turn to right on right with left sweep	
3&4	mambo step (I, r, I)	
5, 6	rock, recover (r, l)	
7 & 8	full turn (r, l, r)	
Make 1/4 Tu	rn To L W/Sweep, Mambo Step, Rock, Recover, Full Turn	
1, 2	1/4 turn to left on left with right sweep	
3&4	mambo step r, l, r)	
5, 6	rock, recover (l, r)	
7 & 8	full turn (l, r, l)	
Step On R A	nd L, Behind, 1/4 Turn, Step, High Kick, Back, 1/4 Sailor Turn	
1, 2	Step on right and left	
3&4	right behind, ¼ turn with left, step on r	
5, 6	high kick with left, back on right	
7 & 8	¼ sailor turn (I, r, I)	
-	nd R, Behind, 1/4 Turn, Step, 2 X 1/4 Turns To R, Coaster Step	
1, 2	Step on left and right	
3&4	left behind, ¼ turn with right, step on l	
5, 6	2 x ¼ turns to right (r, l)	
7 & 8	coaster step (r, l, r)	
Step L Forwa	ard, 1/4 Turn To R, Cross & Cross, Rock, Recover, Behind, Side, Cross	
1, 2	Step I forward, step ¼ turn to r on r	
3&4	cross & cross (I, r, I)	
5, 6	step to r on r, recover on l	
7 & 8	step r behind I, step I to I, cross r over I	
Rock, Recov	ver, Step 1/2 Turn & Cross, Syncopated Weave With Tap To R	
1, 2	Step I to I, step on right	
3&4	1/2 turn to r on I, step r to r, cross I over r	
5,6&	Step r to r, step I behind r, step r to r,	
7, 8	cross I over r, tap r toe to r	
Tap R Behin	d, 1/2 Turn, L Shuffle, Cross R Close Over L, Unwind, Step To L With Drag	
1, 2	Tap r toe behind, turn $\frac{1}{2}$ turn to r putting weight on r	
201	abuffle forward (L.r. I)	

3&4 shuffle forward (I, r, I)





拍數: 64

牆數:2

- 5, 6 cross r close over I, unwind,
- 7, 8 step a long step to I on I, drag r beside I

RESTART: On Wall 2 After The First 32 Counts.

When entering the restart change the weight to left foot with a step on the off-beat

To enjoy this dance please use the dance floor to make the movements visible and flowing!