

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Tony Stanton (UK) - August 2008  
音樂: Rockstar - Nickelback : (CD: All The Right Reasons)



**Intro: 32 count intro**

**Section 1: Toe, Heel, Stomp Forward X 2**

- 1-4            Touch right toe to left instep, touch right heel to left instep, stomp right foot forward, hold for one beat
- 5-8            Touch left toe to right instep, touch left heel to right instep, stomp left foot forward, hold for one beat

**Section 2: Cross Shuffle Left With Sweep Forward, Cross Shuffle Right With ¼ Turn Left**

- 9-12           Cross right over left, step left to left, cross right over left, sweep left foot out to side from back to front
- 13-16          Cross left over right, step right to right, cross left over right, turn ¼ turn left stepping back on right (facing 9 o'clock)

**Section 3: Coaster Step With Scuff, Cross Step With Points X 2**

- 17-20           Step back on left, step right together with left, step forward on left, scuff right alongside left
- 21-24           Cross right over left, point left toe to left, cross left over right, point right toe to right

**Section 4: One And A Half Turns Backwards With Hitches**

- 25-28           Step back on right turning ½ turn left, hitching left knee, step forward on left turning ½ turn left, hitching right knee
- 29-32           Step back on right turning ½ turn left, hitching left knee, step forward on left hitching right knee

**Section 5: Forward Slide On Right With Heel Twists, Slide Back On Left With Heel Twists**

- 33-36           Long step forward on right into right diagonal, slide left together with right, twist heels right and left
- 37-40           Long step back on left into left diagonal, slide right together with left twist heels left and right

**Section 6: Sailor Step, Sailor ¼ Turn Left With Holds**

- 41-44           Step right behind left, step left to left, step right to right, hold for one beat
- 45-48           Step left behind right, step right to right turning ¼ turn left, step forward on left, hold for one beat (facing 12 o'clock)

**Section 7: Weave To Left With Stomps**

- 49-56           Cross right over left, step left to left, cross right behind left, step left to left, cross right over left, step left to left, stomp right against left twice

**Section 8 Half Turn Back With Hitch, Step Forward With Hitch, Rocking Horse Step**

- 57-60           Step back on right turning ½ turn left, hitching left knee, step forward on left hitching right knee
- 61-64           Rock forward on right, rock back on left, rock back on right, rock forward on left (facing 6 o'clock)

**Begin Again**

**Floor split: Easy Come, Easy Go**

