

# You're My Addiction

COPPER KNOB  
BY STEPHEN

拍數: 32                      牆數: 2                      級數: Improver / Intermediate  
編舞者: Elaine Douris (UK) - August 2008  
音樂: Because of You - Ne-Yo



Teaching track: You Sang To Me – Marc Anthony (81bpm)

Alternative music:

Car Wash – Shark's Tale Soundtrack (120bpm)

Sugar Sugar (In My Life) – John Fogarty (118bpm)

Viene Mi Gente – Chica (123bpm)

Been around the world – Lisa Stansfield (102 bpm)

Rocking Peumonia – Ronnie McDowell (120bpm) This has more of a swing feel

Intro: 8 beat intro then start

## Section 1: syncopated vine right, side rock, cross step

1, 2, 3                      step right foot to right side, step left foot behind right, step right foot to right side  
4 & 5                      step left foot across right, step right foot to right side, step left foot behind right  
6, 7                      rock right foot to right side, replace weight rocking onto left foot  
8                      cross right over left in front (weight should now be on right foot)

## Section 2: ¼ turn right, back rock, right lock step fwd, fwd rock, left lock step back

1                      pivoting on right foot make ¼ turn right stepping back onto left foot  
2, 3                      step right foot back, rock weight fwd onto left foot  
4 & 5                      step fwd right foot, lock left foot behind right, step fwd right foot  
6, 7                      step left foot fwd, rock weight back onto right foot  
&                      small quick kick with left foot (pointing toes down towards floor)  
8 & 1                      step back left foot, lock right foot in front of left foot, step back left foot

## Section 3: right kick, right lock steps back, left kick, left coaster step, 2 walks fwd, right lock step fwd

&                      small quick kick with right foot (pointing toes down towards floor)  
2 & 3                      step back right foot, lock left foot in front of right foot, step back right foot  
&                      small quick kick with left foot (pointing toes down towards floor)  
4 & 5                      step back left foot, step back right foot, step fwd left foot  
6, 7                      step fwd right foot, step fwd left foot (with attitude)  
8 & 1                      step fwd right foot, lock left foot behind right foot, step fwd right foot

## Section 4: left rock step, ¼ pivot turn right, cross shuffle left over right, ¼ turn left, turning sailor step making ¾ turn left

2, 3                      step fwd left foot turning ¼ turn right, step right foot to right side  
4 & 5                      cross left foot over right, step right foot to right side, cross left foot over right  
6, 7                      step right foot to right side, making ¼ turn left step back with left foot  
8 &                      making ¼ turn left step right foot back behind left foot, then with weight on the right foot make ½ turn left stepping fwd onto left foot (feet should be crossed with left foot in front of right foot at this point, with weight now on left foot)

1                      start of dance right foot to right side finishes sailor turn but is also 1st step of dance

(for class members that don't like to turn, count 6, 7, 8 & 1 - step right foot side, close left foot to right foot, then chasse right, the last step of chasse is first step of vine!)