

# In My Head

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Andy Williams (USA) - August 2008  
音樂: In My Head - Julianne Hough : (CD: Dancing with the Stars)



**Intro: 16 count intro, start on vocals.**

## **Step Side, Rock Back, Recover, Shuffle 1/4, Rock, Recover, Coaster Step**

- 1-3      Step left to side, rock back right, recover to left.
- 4&5      Turning 1/4 right, step right forward, step left behind right, step right forward
- 6-7      Rock left forward, recover to right.
- 8&1      Step left back, step right next to left, step left forward.

## **Walk, Walk, Lift Knee, Turn 1/4, Cross Shuffle, Side Rock, Recover**

- 2-3      Walk right, walk left.
- 4      Lift right knee as you turn 1/4 left (make the 1/4 turn sweeping motion with knee lifted.)
- 5&6      Cross right over left, step left next to right, cross right over left.
- 7-8      Rock left to side, recover to right.

## **Make 1/2 Turn Sailor, Shuffle, Kick And Point X 2**

- 1&2      Turni ng 1/4 left, step left back, turning ¼ left, step right in place, step left forward.
- 3&4      Step right forward, step left behind right, step right forward.
- 5&6      Kick left forward, step down on left, point right to side.
- 7&8      Kick right forward, step down on right, point left to side.

## **Rock, Recover, 3/4 Turn, Rock Side, Recover, Behind, Side, Cross**

- 1-2      Rock left forward, recover to right.
- 3&4      Turning 3/4 left, step forward left, step right behind left, step left forward.
- 5-6      Rock right to side, recover to left.
- 7&8      Step right behind left, step left to side, step right across left.

**Note: Dancers Song Will End While Doing The First Set Of 8. Rock, Recover, Do A ¼ Left Coaster Turn And Pose.**

**End Of Dance No Tags, Restarts Hope You Enjoy!!! Remember There's Always Time To Dance**