

Cow Boogie

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Niels Poulsen (DK) - July 2008
音樂: Boogie Till the Cows Come Home - Clay Walker



Intro: 64 counts from first beat (app. 20 seconds into track). Start with weight on L foot.

(1 – 8) Kick R fw X 2, R back rock, R jazz box, fw L

1 – 2 Kick R fw, kick R fw 12:00
3 – 4 Rock back on R, recover L 12:00
5 – 6 Cross R over L, step back on L 12:00
7 – 8 Step R small step to R side, step fw on L 12:00

(9 – 16) Scuff R, step out R, swivel R heel and toe to R, swivel L heel toe heel toe to R

1 – 2 Scuff R foot fw (in a small kick), step out on R leaving R foot pointing towards 1:30 12:00
3 – 4 Swivel R heel to R side, swivel R toe to R side 12:00
5 – 6 Swivel L heel to R side, swivel L toe to R side 12:00
7 – 8 Swivel L heel to R side, swivel L toe to R side 12:00

(17 – 24) Swivel heels R, Hold, swivel heels L, Hold, swivel toes heels toes to L, Hold

1 – 2 Swivel both heels to R side, Hold with Clap 12:00
3 – 4 Swivel both heels to L side, Hold with Clap 12:00
5 – 6 Swivel both toes to L, swivel both heels to L 12:00
7 – 8 Swivel both toes to L, Hold 12:00

(25 – 32) Jazz box ¼ R, Hold, run L R L, Hold

1 – 2 Cross R over L, step back on L 12:00
3 – 4 Turn ¼ R stepping fw on R, Hold 3:00
5 – 6 Run fw L, run fw R 3:00
7 – 8 Run fw L, Hold 3:00

(33 – 40) R rocking chair, R side rock, R cross rock

1 – 2 Rock fw on R, recover L 3:00
3 – 4 Rock back on R, recover L 3:00
5 – 6 Rock R to R side, recover L 3:00
7 – 8 Cross rock R over L, recover L 3:00

(41 – 48) ¼ R, L kick fw, L jazz box, R kick fw, R jazz box

1 – 2 Turn ¼ R stepping fw on R, kick L foot fw 6:00
3 – 4 Cross L over R, step back on R 6:00
5 – 6 Step L small step to L side and slightly backwards on L, kick R fw 6:00
7 – 8 Cross R over L, step back on L (note: the 2 jazz boxes travel backwards slightly) 6:00

(49 – 56) Toe strut ¼ R, repeat, R sailor ½ R, Hold

1 – 2 Turn ¼ R stepping fw on R toe, step down on R foot 9:00
3 – 4 Turn ¼ R stepping L toe out to L side, step down on L 12:00
5 – 6 Cross R behind L turning ¼ R, turn another ¼ R stepping L next to R 6:00
7 – 8 Step fw R, Hold (note: counts 49-56 travel towards 9:00) 6:00

(57 – 64) Fw L coaster into back R coaster, bring R next to L, stomp up L, stomp L

1 – 2 Step fw L, step R next to L 6:00
3 – 4 Step back on L, step R next to L 6:00

- 5 – 6 Step fw L, step R next to L 6:00
7 – 8 Stomp L into floor but lifting foot up afterwards, stomp L leaving weight on L 6:00

Begin again!...

Ending On 9th wall, facing 12:00, do counts 1-8 as normal but change counts 9-18 to this:

- 1 – 8 Step R to R side, Hold, bring L next R, Hold, Hold, Hold, Hold, Hold (5 times Hold!) 12:00
1&2& Step R out, step L out, bring R towards L, bring L next to R (= out, out, in, in...) 12:00
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