

Fire

拍數: 64 牆數: 2 級數: Advanced
編舞者: Shaz Walton (UK) - June 2008
音樂: Fire (feat. Lil Jon) - Petey Pablo



Touch Slide back. Slide. Raise. Step. Touch. Slide back. Slide. Raise. Step. ¼ side. Side. Hip roll.

- 1-2 Touch (slide) right toe back. (Bend left knee) Slide right toe towards left and raise (hitch)
&3-4 Step right beside left. Touch (slide) left toe back. (Bend right knee) Slide left toe towards right and raise (hitch)
&5-6 Step left beside right. Step right forward. Make a sharp ¼ turn right stepping left to left side (feet apart, knees bent)
7-8 Make a full CCW hip roll. (Weight ends on right)

Step diagonal. Slide. Step. ½ pivot. Side. SHAKE!

- &1-2 Step left beside right. Make a large step towards right diagonal back with right foot. (1/8 of a turn) slide left towards right. (Keep body angled to left)
3-4 Step left forward (still on the diagonal) make ½ pivot turn to face left diagonal front)
5 Straighten up to home wall (1/8 of a turn) stepping left to left side & Bump hips to left.
6-7-8 Shake!!! Your on FIRE!(Or bump hips or bounce- whatever you are comfortable with)(Weight ends right)

Ball. Cross. Diagonal back. Ball. Step ¼ turn right. Ball. Step. ¼ turn left. Ball. Cross. 1 ¼ turn left. Hitch.

- &1-2 Step left beside right. Cross right over left. Step left back to left diagonal back. (keep it Bouncy!)
- &3-4 Step right beside left. Step left forward. Make ¼ turn right (keep it sharp)
- &5-6 Step left slightly back. Step right forward. Make ¼ turn left (keep it sharp)
- &7-8 Step left beside right. Cross right over left. Make a 1 ¼ unwind left ending with left raised .

Behind. Step. Side with flick. Big step. Slide. Knees out -in x4 with optional arms.

- 1&2 Step left behind right. Step right forward. Step left to left as you flick right behind left.
- 3-4 Take a big step right with right. Step left to slightly to left (so left & right are apart with knees out,)
- 5&6&7&8 Bring both knees in, out, in out, in, out, in, out. Weight ends on right. (Sway body from left to right)

Arms: bring right arm from front to back. Then repeat with left. Right, Left. Palms facing forward at all times.

Scoot. Step. Scoot step. Scoot. Sailor ¼ right. Cross. Hitch .touch. hitch. step. Sailor step (travelling left)

- &1&2 scoot back on left, with right hitched. Step right beside left. Scoot back on right with left hitched. Step left beside right. (contract upper body forward every time you scoot back.)
- 3&4 Sailor ¼ right ending with right crossed over left. (Angle body to right diagonal front)
- &5&6 Making a ¼ turn to 3 o clock – Scoot on right, hitching left up. Touch left to left side. Scoot on right, hitching left up. Step left to left side
- 7&8 Right sailor step.

Hitch . Step. Hitch. Step. Sailor side. Step back. 1/2 turn left. Rock. Recover. ¼ left. Touch side.

- &1&2 Hitch left to left side (brush left shoulder with right hand). Step left to left side. Hitch right to right side. (brush right shoulder with left hand) Step right to right side.
- 3&4 Left sailor step. (stepping left to left side)
- 5-6 step back right. Make ½ turn left rocking left forward.
- 7&8 recover on right. Make 1/4 turn left stepping left forward. Touch right to right side.

*** Restart here walls 1,3,5 6. Replace counts 5-6 7&8 with a funky paddle/chug ¼ left on counts – chug 5 - hold count 6 - chug 7 - 8**

Rock back. Recover. ¼ left. Sailor ¼ left. ¼ jump. ¼ jump. Sailor ½ turn left.

1&2 Rock back right. Recover on left. Make ¼ left as you step back right

3&4 Sailor ¼ left.

5-6 Make ¼ left as you jump bringing left next to right. Jump ¼ turn left kicking/flicking left to left side.

7&8 Sailor ½ turn left.

Slide. Ball cross ¼ . Back slide. Ball step. ¼ forward.

1-2 Step right large step to right side. Raise left left to side keeping it straight. Shoulders go over to the right.

&3-4 Step left beside right. Cross right over left. Step left ¼ turn left

5-6 step back right (Big Step) slide left up to it.

&7-8. Step left beside right. Step right to side making ¼ left. Step left foot forward.

Restart walls 1-3-5-6

Replace counts 5-6 7&8 with a funky paddle/chug ¼ left on counts – chug 5 - hold count 6 - chug 7 - 8

Thanks Nigel for helping me out & getting me out of a panic stricken moment
