

Puddleduck Waltz

拍數: 48 牆數: 4
編舞者: Phil Johnson (UK) - August 2008

級數: Beginner

音樂: When You Taught Me How to Dance - Katie Melua : (CD: Westlake - Miss Potter
- OST)



Intro 24 counts (120 bpm). (ccw direction)

(Start with right toe touching to right side, weight on left)

Cross Rock Right over Left, Recover, Step Right to Right Side. Cross Rock Left over Right, Recover, Step Left to Left Side x 2

- 1-3 Cross rock right in front of left, rock weight back onto left in place, step right to right side;
- 4-6 Cross rock left in front of right, rock weight back onto right in place, step left to left side. (12 0'clock)
- 7-9 Cross rock right in front of left, rock weight back onto left in place, step right to right side;
- 10-12 Cross rock left in front of right, rock weight back onto right in place, step left to left side. (12 0'clock)

Right and Left Back Travelling Twinkles

- 13-15 Cross step right in front of left, step left diagonally back left, step right diagonally back right (angling body diagonally right)
- 16-18 Cross step left in front of right, step right diagonally back right, step left diagonally back left (angling body diagonally left)

Weave Right, Rock Left, Recover Cross Left Over Right. Grapevine Right, cross Rock Left Over Right, Recover, Step to Left

- 19-21 Cross step right in front of left, step left to left side, cross step right behind left;
- 22-24 Rock on left to left side, rock onto right in place, cross step left in front of right.
- 25-27 Step right to right side, cross step left behind right, step right to right side,
- 28-30 Cross rock left in front of right, rock back on right in place, step left to left side (slightly back and angling body to left).

Right and Left Twinkles

- 31-33 Cross step right over left, step left a small step to left , step right to right side;
- 34-36 Cross step left over right, step right a small step to right, step left to left side

(Travelling Forward) Walk right left, ¼ Turn Left stepping right to Right Side, Cross Rock left over Right, Recover, Step left to left

- 37-39 Step forward on right, step forward on left, ¼ turn left stepping right to right side;
- 40-42 Cross Rock left in front of right, rock back on right, step on left to left side. (9 0'clock)

Step Point Hold x 2 Forward and Back

- 43-45 Cross step on right in front of left, point left toe to left side, hold;
- 46-48 Cross step back on left behind right, point right toe to right side, hold.

Start again, Enjoy.....Pour yourself into the music

NOTE:- You will end the dance at the 3 0'clock wall dancing just the first 9 steps.

Change steps 4-9

- 4-6 Cross rock left over right, recover, ¼ turn left stepping left to left side
- 7-9 Cross rock right over left, recover, step right to right side,
- 10 Touch left toe behind right and hold the stance as the music fades..... perhaps a small curtsy on the last note

