

If This Is Love

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - July 2008
音樂: If This Is Love - The Saturdays : (3:25)



Starts on Vocal (32 Counts)

Kick & Point, Sailor 1/4 Turn, Rock, Recover, Full Turn.

- 1&2 Kick forward Right, step Right next to Left, point Left to Left side.
3&4 Cross step Left behind Right, make 1/4 turn Left stepping Right next to Left, step Left next to Right.
5-6 Rock forward on Right, recover on Left.
7-8 Make 1/2 turn to Right stepping forward Right, 1/2 turn to Right stepping back on Left.

Back, Coaster Heel & Step, Step 1/4 , Cross Shuffle.

- 1-2&3 Step back on Right, step back on Left, step Right next to Left, touch Left Heel forward.
&4 Step Left next to Right, step forward on Right.
5-6 Step forward on Left, pivot 1/4 turn to Right.
7&8 Cross step Left over Right, step Right to side, cross step Left over Right.

(&) Cross, Side, Rock & Side, Behind, 1/4 , Right Lock Step.

- &1-2 Step Right to Right side, cross step Left over Right, step Right to Right side.
3&4 Cross rock Left behind Right, recover Right, step Left to Left side.
5-6 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left.
7&8 Step forward on Right, lock Left behind Right, step forward on Right.

Rock, Recover, 3/4 Triple, Step, 1/2 , 1/4 , Cross.

- 1-2 Rock forward on Left, recover on Right.
3&4 Make 3/4 turn to Left stepping L-R-L
5-6 Step forward on Right, make 1/2 turn to Right stepping back on Left.
7-8 1/4 turn to Right stepping Right to Right side, cross step Left over Right.

Chasse Right, Rock Step, Kick & Cross, Kick & Cross.

- 1&2 Step Right to Right side, step Left next to Right, step Right to Right side.
3-4 Cross rock Left behind Right, recover on Right.
5&6 Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left.
7&8 Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left

(&) Cross, Side, Sailor 1/4 , Step, 1/2 Pivot, Ball Step, Step.

- &1-2 Step Left to Left side, cross step Right over Left, step Left to Left side.
3&4 Cross step Right behind Left, make 1/4 turn Right stepping Left next to Right, step Right next to Left.
5-6 Step forward Left, pivot 1/2 turn to Right.
&7-8 Step Left next to Right, step forward Right, step forward Left. *R*

Touch, Touch, Hitch & Step, Step, Point & Point & Point.

- 1-2 Touch Right toe forward, touch Right toe back
3&4 Hitch Right knee forward, step Right next to Left, step forward on Left.
5-6& Step forward on Right, point Left toe to Left side, step Left next to Right.
7&8 Point Right toe to Right side, step Right next to Left, point Left toe to Left side.

Touch, Touch, Hitch & Step, Rock, Recover, Coaster Step.

- 1-2 Touch Left toe forward, touch Left toe back.

3&4 Hitch Left knee forward, step Left next to Right, step forward on Right.
5-6 Rock forward on Left, recover on Right.
7&8 Step back on Left, step Right next to Left, step forward on Left.

***R* Restarts: Walls 2 & 4.. Dance Up To & Including Count 8, Section 6 (48) Then Restart From Beginning (1)**
