

# If This Is Love

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - July 2008  
音樂: If This Is Love - The Saturdays : (3:25)



## Starts on Vocal (32 Counts)

### Kick & Point, Sailor 1/4 Turn, Rock, Recover, Full Turn.

- 1&2      Kick forward Right, step Right next to Left, point Left to Left side.  
3&4      Cross step Left behind Right, make 1/4 turn Left stepping Right next to Left, step Left next to Right.  
5-6      Rock forward on Right, recover on Left.  
7-8      Make 1/2 turn to Right stepping forward Right, 1/2 turn to Right stepping back on Left.

### Back, Coaster Heel & Step, Step 1/4 , Cross Shuffle.

- 1-2&3      Step back on Right, step back on Left, step Right next to Left, touch Left Heel forward.  
&4      Step Left next to Right, step forward on Right.  
5-6      Step forward on Left, pivot 1/4 turn to Right.  
7&8      Cross step Left over Right, step Right to side, cross step Left over Right.

### (&) Cross, Side, Rock & Side, Behind, 1/4 , Right Lock Step.

- &1-2      Step Right to Right side, cross step Left over Right, step Right to Right side.  
3&4      Cross rock Left behind Right, recover Right, step Left to Left side.  
5-6      Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left.  
7&8      Step forward on Right, lock Left behind Right, step forward on Right.

### Rock, Recover, 3/4 Triple, Step, 1/2 , 1/4 , Cross.

- 1-2      Rock forward on Left, recover on Right.  
3&4      Make 3/4 turn to Left stepping L-R-L  
5-6      Step forward on Right, make 1/2 turn to Right stepping back on Left.  
7-8      1/4 turn to Right stepping Right to Right side, cross step Left over Right.

### Chasse Right, Rock Step, Kick & Cross, Kick & Cross.

- 1&2      Step Right to Right side, step Left next to Right, step Right to Right side.  
3-4      Cross rock Left behind Right, recover on Right.  
5&6      Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left.  
7&8      Kick Left to Left forward diagonal, step Left next to Right, cross step Right over Left

### (&) Cross, Side, Sailor 1/4 , Step, 1/2 Pivot, Ball Step, Step.

- &1-2      Step Left to Left side, cross step Right over Left, step Left to Left side.  
3&4      Cross step Right behind Left, make 1/4 turn Right stepping Left next to Right, step Right next to Left.  
5-6      Step forward Left, pivot 1/2 turn to Right.  
&7-8      Step Left next to Right, step forward Right, step forward Left. \*R\*

### Touch, Touch, Hitch & Step, Step, Point & Point & Point.

- 1-2      Touch Right toe forward, touch Right toe back  
3&4      Hitch Right knee forward, step Right next to Left, step forward on Left.  
5-6&      Step forward on Right, point Left toe to Left side, step Left next to Right.  
7&8      Point Right toe to Right side, step Right next to Left, point Left toe to Left side.

### Touch, Touch, Hitch & Step, Rock, Recover, Coaster Step.

- 1-2      Touch Left toe forward, touch Left toe back.

3&4 Hitch Left knee forward, step Left next to Right, step forward on Right.  
5-6 Rock forward on Left, recover on Right.  
7&8 Step back on Left, step Right next to Left, step forward on Left.

**\*R\* Restarts: Walls 2 & 4.. Dance Up To & Including Count 8, Section 6 (48) Then Restart From Beginning (1)**

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