

10 Years Of My Life

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jos Slijpen (NL) - August 2008
音樂: Three Words, Two Heart, One Night - Mark Collie : (CD: Tennessee Plates)



Note: On walls 1, 5 and 9 (you're facing each time 12 o'clock wall) the first 8 counts must be replaced, then continue with section 2 (Cross shuffle). For the other walls dance full 32 counts.

Forward Lock Shuffle, Side Rock, Recover, Forward Lock Shuffle, Side Rock, Recover

1&2 Step forward Right, lock step Left behind Right, step forward Right
3-4 Rock Left out to left side, recover weight on Right
5&6 Step forward Left, lock step Right behind Left, step forward Left
7-8 Rock Right out to right side, recover weight on Left

Cross Shuffle Right, Side Rock, Recover ¼ Turn Right, Forward Shuffle Left, Full Turn Left

1&2 Cross step Right over Left, step Left to left side, cr oss step Right over Left
3-4 Rock Left out to left side, turning 1/4 right recover weight on Right [3]
5&6 Step forward Left, step Right together, step forward Left
7-8 1/2 turn left stepping back on Right, 1/2 left stepping forward on Left

Forward Shuffle Right, ½ Turn Right, Hold With Clap (X3)

1&2 Step forward Right, step Left together, step forward Right
3-4 Make 1/2 turn right stepping back on Left, hold with clap
5-6 Make 1/2 turn right stepping forward on Right, hold with clap
7-8 Make 1/2 turn right stepping back on Left, hold with clap [9]

Coaster Step, Forward Walks, Forward Shuffle Left, Side Rock Right, Recover

1&2 Step back Right, step Left together, step forward Right
3-4 Step forward Left, step forward Right
5&6 Step forward Left, step Right together, step forward Left
7-8 Rock Right out to right side, recover weight on Left [9]

Start again and enjoy!

Replace: During walls 1, 5 and 9 replace first 8 counts with the following:

STOMP UP x2, STOMP UP

After you hear the words 'Three Words' - stomp Right twice

After you hear the words 'Two Hearts' - stomp Right once

Then continue with section 2 (Cross Shuffle) when you hear the words 'One Night Together'