

# 10 Years Of My Life

**COPPER KNOB**  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Jos Slijpen (NL) - August 2008  
音樂: Three Words, Two Heart, One Night - Mark Collie : (CD: Tennessee Plates)



**Note:** On walls 1, 5 and 9 (you're facing each time 12 o'clock wall) the first 8 counts must be replaced, then continue with section 2 (Cross shuffle). For the other walls dance full 32 counts.

## **Forward Lock Shuffle, Side Rock, Recover, Forward Lock Shuffle, Side Rock, Recover**

1&2                      Step forward Right, lock step Left behind Right, step forward Right  
3-4                      Rock Left out to left side, recover weight on Right  
5&6                      Step forward Left, lock step Right behind Left, step forward Left  
7-8                      Rock Right out to right side, recover weight on Left

## **Cross Shuffle Right, Side Rock, Recover ¼ Turn Right, Forward Shuffle Left, Full Turn Left**

1&2                      Cross step Right over Left, step Left to left side, cr oss step Right over Left  
3-4                      Rock Left out to left side, turning 1/4 right recover weight on Right [3]  
5&6                      Step forward Left, step Right together, step forward Left  
7-8                      1/2 turn left stepping back on Right, 1/2 left stepping forward on Left

## **Forward Shuffle Right, ½ Turn Right, Hold With Clap (X3)**

1&2                      Step forward Right, step Left together, step forward Right  
3-4                      Make 1/2 turn right stepping back on Left, hold with clap  
5-6                      Make 1/2 turn right stepping forward on Right, hold with clap  
7-8                      Make 1/2 turn right stepping back on Left, hold with clap [9]

## **Coaster Step, Forward Walks, Forward Shuffle Left, Side Rock Right, Recover**

1&2                      Step back Right, step Left together, step forward Right  
3-4                      Step forward Left, step forward Right  
5&6                      Step forward Left, step Right together, step forward Left  
7-8                      Rock Right out to right side, recover weight on Left [9]

**Start again and enjoy!**

**Replace:** During walls 1, 5 and 9 replace first 8 counts with the following:

**STOMP UP x2, STOMP UP**

**After you hear the words 'Three Words' - stomp Right twice**

**After you hear the words 'Two Hearts' - stomp Right once**

**Then continue with section 2 (Cross Shuffle) when you hear the words 'One Night Together'**