

No One's Gonna Stop Me

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - June 2008
音樂: Give It 2 Me - Madonna : (Album: Hard Candy)



Starts after 32 Counts

Step, Funky Shuffle, Step, Out, Out, Back, Cross.

- 1 Step forward on Right. (straight leg, popping Left knee forward)
- 2&3 Step forward on Left, step Right next to Left, step forward on Left. (straight legs, popping opposite knees)
- 4 Step forward on Right. (straight leg popping Left knee forward)
- 5-6 Step out & slightly forward Left, step out & slightly forward Right. (pushing hips forward)
- 7-8 Step back on Left, cross/lock Right over Left. (bendy knees)

Back, 1/2 Shuffle Turn, Step, 1/2 Pivot, Step, 1/4 Together, Step.

- 1 Step back on Left.
- 2&3 Make 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 to Right stepping forward on Right. (1/2 shuffle)
- 4-5 Step forward on Left, pivot 1/2 turn to Right.
- 6-8 Step forward on Left, make 1/4 turn to Right stepping Right next to Left, step forward on Left.

Step, Mambo Step, Step, Step, Sailor 3/4 Cross, Side.

- 1 Step forward on Right
- 2&3 Rock forward on Left, recover on Right, step Left next to Right. (sticking your butt out)
- 4-5 Step forward on Right, step forward on Left
- 6&7 Make 1/4 turn to Right stepping Right behind Left, 1/4 to Right stepping Left next to Right, 1/4 turn to Right cross stepping Right over Left.
- 8 Step Left to Left side.

Behind, Side, Cross, Rock & Cross, Slow 3/4 Unwind, Hitch.

- 1-3 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 4&5 Rock to Left side on Left, recover on Right, cross Left over Right (bending knees slightly)
- 6-8 Unwind 3/4 turn to Right taking 2 counts (6-7), hitch Right knee. (8)

Back, Coaster Step, Step, Step, 1/4 Pivot, Cross Shuffle.

- 1 Step back on Right.
- 2&3 Step back on Left, step Right next to Left, step forward on Left.
- 4-6 Step forward on Right, step forward on Left, pivot 1/4 turn to Right.
- 7&8 Cross step Left over Right, step Right to Right side, cross step Left over Right.

Side, 1/4, 1/4, 1/4, Behind & Cross, Rock Step.

- 1-2 Step Right to Right side, make 1/4 turn to Left stepping Left to Left side.
- 3-4 1/4 turn to Left stepping Right to Right side, 1/4 turn to Left stepping Left to Left side. (1-4 make a box shape)
- 5&6 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 7-8 Rock to left side on Left, recover on Right.

Behind, 1/4, Step, Right Lock Step, Step, 1/2 Pivot, 1/4 Together.

- 1-3 Cross step Left behind Right, make 1/4 turn to Right stepping forward Right, step forward Left.
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right.

6-8 Step forward on Left, pivot 1/2 turn to Right, make 1/4 turn to Right stepping Left next to Right.

Point & Heel & Heel & Step, Together, Step, 1/2 Pivot, Together.

1&2& Point Right toe to Right side, step Right next to Left, touch Left heel forward, step Left next to Right.

3&4 Touch Right heel forward, step Right next to Left, take big step forward Left. (leaning back)

5-8 Step Right next to Left, step forward on Left, pivot 1/2 turn to Right, step Left next to Right.

Restart: Wall 5.

Dance up to & including Count 8 Section 4 (32)

You will be facing Left side wall with Right knee hitched. Restart from Count 1 but make 1/4 turn to Right So you restart facing front wall.

Dance will then end facing front with you holding out your hand as Madge sings "Give It To Me"
