

High On Love

拍數: 48 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK) - July 2008
音樂: Mountain of Love - Neal McCoy : (CD: The Greatest Country Love Songs)



Intro: 16 Count intro

Alternative: "Little Deuce Coupe" by James House (132 bpm...32 Count intro – Not Phrased) CD... "The Beach Boys – Stars and Stripes – Vol. 1"

Left Shuffle Forward. Step. Pivot 1/2 Turn Left. Right Shuffle Forward. Step. Pivot 1/2 Turn Right.

1&2 Left shuffle forward stepping Left. Right. Left
3 – 4 Step forward on Right. Pivot 1/2 turn Left.
5&6 Right shuffle forward stepping Right. Left. Right.
7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 12 o'clock)

Side Rock. Left Cross Shuffle. Side. Behind. Right Heel-Ball-Cross.

1 – 2 Rock Left out to Left side. Recover weight on Right.
3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
5 – 6 Step Right to Right side. Cross Left behind Right.
7&8 Dig Right heel Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.

Monterey 1/4 Turn Right with Left Side Rock & Cross. Monterey 1/2 Turn Right.

1 – 2 Point Right toe out to Right side. Make 1/4 turn Right stepping Right beside Left.
3&4 Rock Left out to Left side. Recover weight on Right. Cross step Left over Right. (Facing 3 o'clock)
5 – 6 Point Right toe out to Right side. Make 1/2 turn Right stepping Right beside Left.
7 – 8 Point Left toe out to Left side. Step Left beside Right. (Facing 9 o'clock)

Walks Forward x2. Forward Rock. 2 x 1/2 Turns Right. Back Rock.

1 – 2 Walk forward on Right. Walk forward on Left.
3 – 4 Rock forward on Right. Rock back on Left.
5 – 6 Turn 1/2 turn Right stepping forward on Right. Turn 1/2 turn Right stepping back on Left.
7 – 8 Rock back on Right. Rock forward on Left. (Facing 9 o'clock)

Easier option: Counts 5 – 6 above ... Walk back on Right. Walk back on Left.

Right Kick-Ball-Cross x 2. Side Rock. Behind. Side. Cross.

1&2 Kick Right forward. Step slightly back on ball of Right. Cross step Left over Right.
3&4 Kick Right forward. Step slightly back on ball of Right. Cross step Left over Right.
5 – 6 Rock Right out to Right side. Recover weight on Left.
7&8 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

Side Rock. Left Sailor Step Forward. Step Forward. 1/2 Turn Left. Back Rock.

1 – 2 Rock Left out to Left side. Recover weight on Right.
3&4 Cross Left behind Right. Step Right beside Left. Step Forward on Left.
5 – 6 Step forward on Right. Make 1/2 turn Left – Keeping Weight on Right.
7 – 8 Rock back on Left. Rock forward on Right. (Facing 3 o'clock)

Start Again