

# Mr Rock And Roll

COPPER KNOB  
BY STEPHEN BATES

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Joe Morris (IRE) - July 2008  
音樂: Mr Rock & Roll - Amy Macdonald : (CD: This Is The Life)



## Right-Cross-Rock-Forward, ¼ Turn Right & Right-Side Chasse, Left-Cross-Rock

1-2      cross rock right step back left 1/4 turn right side chasse cross rock left step back right side  
          chasse left  
3&4      ¼ turn right, stepping right to the side, step left beside right, step right to side  
5-6      Rock left forward over right, recover right back  
7&8      Step left to the side, step right beside left, step left to side

## Left Full Turn, Right Shuffle Forward, Left Mambo Forward, Slide Back Twice

1-2      forward full turn left. 1/2 left turn stepping back on right turn 1/2 turn left stepping left forward  
3&4      Step right forward, step left beside right, step right forward  
5&6      Rock left forward, recover right back, step left beside right  
7-8      Slide straight right back and left

## Right Shuffle Back, ¾ Turn Left, Left Sailor Step, Right Rock Forward

1&2      Step right back, step left beside right, step right back  
3-4      ½ turn left stepping left forward, ¼ turn left stepping right to right side  
5&6      Cross left behind right, step right to side, step left to side  
7-8      Rock right forward, recover left back

## Right Rock Back, Right Shuffle Forward, Right Full Turn, Left Shuffle Forward

1-2      Rock right back, recover left forward  
3&4      Step right forward, step left beside right, step right forward  
5-6      ½ turn right stepping left back, ½ turn right stepping right forward  
7&8      Step left forward, step right beside left, step left forward

## Repeat

### TAG: Done at END of walls 3&6

## Right- Lunge Forward, ½ Turn Right, Right Shuffle Forward, ½ Pivot On Left, Left Shuffle Forward, Twice

1-2      Lunge right forward, recover left back, ½ turn right  
3&4      Step right forward, step left beside right, step right forward  
5-6      Step left forward, ½ turn right  
7&8      Step left forward, step right beside left, step left forward  
1-8      Repeat all above

### TAG: Done at END of wall 7

## Right Rocking Chair

1-2      Rock right forward, recover left back  
3-4      Rock right back recover left forward

ENDING: To finish dance at end of wall 9, repeat tag 1 up to count 13