

# Better In Time

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Terry Pournelle (USA) - 2008  
音樂: Better In Time - Leona Lewis



Intro: 32 count intro

Special thanks to my daughter Amanda for suggesting the music and to my sister-in-law Beverly for being my dancin' feet while I couldn't dance and to all The Carolina Girls for all their support during my long recovery with my foot surgery.

**Step Side, Rock, Recover, Step Forward & 1/2 Turn, Step Forward, Step Together, Step Side, Rock Recover, Step, Step Right, Step Left, Turn ¼ Turn Step Right**

1 2&      Step right to right side, rock left back, recover on right  
3      Step left forward and turn ½ turn (6:00)  
4&5      Step right forward, step left beside right, step right out to right side  
6&7      Rock left back, recover on right, step on left  
8&1      Step right to right, step left beside right, turning ¼ turn step right (9:00)

**Step Left & Tur N 1/2 Turn, Step Right, Rock, Recover, Step, Sway, Sway, Step, Step, Step Side**

2&3      Step left while making ½ turn, step right, step left (3:00)  
4&5      Rock forward on right, recover on left, step right beside left  
6 7      Step left slightly out to left and sway hips left and right  
8&1      Step left to left, step right beside left, step left out to left side

**Rock, Recover, Step Side, Sailor 1/4 Turn Right, Behind, Step, Step, Sway**

2&3      Rock right back, recover on left, step right to right side  
4&5      Step left behind right, making a ¼ turn right step right, step left beside right (6:00)  
6&7      Step right behind left, step left in place, step right beside left  
8      Step left slightly out to left and sway hips left

**Sway, Step Lock Step Back, Sweep, Sweep, Sweep, Step, Together, Step Forward**

1      Step right slightly out to right and sway hips right  
2&3      Step left back, lock right over left, step left back  
4      Sweep right out to right side and around behind placing weight on right  
5      Sweep left out to left side and around behind placing weight on left  
6      Sweep right out to right side and around behind placing weight on right  
7&8      Step left forward, step right beside left, step left forward

Repeat