

Do Da Move

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Glynn Holt (UK) & Barbara Lowe (UK) - July 2008
音樂: Do Da Move - Reggae : (CD: Reggae Believer)



Choreographers Note: RESTART on Wall 1 dance up to steps

Diagonal Step Lock, Right Shuffle Forward. Diagonal Step Lock, Left Shuffle Forward

1-2 Step right forward close left next to right
3&4 Step Right foot forward close left next to right step forward right
5-6 Step left forward close right next to left
7&8 Step left forward close right next to left step forward left

Shuffles 1/4 right 1/2 left 1/4 right 1/2 left

9&10 Step right foot 1/4 turn right close left next to right step forward right
11&12 Step left foot 1/2 turn left close right next to left step forward left
13&14 Step right foot 1/4 turn right close left next to right step forward right
15&16 Step left foot 1/2 turn left close right next to left step forward left

Weave right rock and cross weave left rock and cross

17-18 Step right to right cross left behind right step right to right side
19&20 Cross left over right rock right to right side cross right over left
21&22 Step left to left side cross right behind left step left to left side
23&24 Step left to left side, recover on right and cross left over right.

Shuffles 1/4 left, left chasse, walk forward with hip sways

25&26 Step back on right turning 1/4 left close left next to right step back on right
27&28 Step left to left side close right next to left step left to left side
29-30 Walk forward right left swaying hips
31-32 Walk forward right left swaying hips

Side Together Side Together Side, Rock Forward & Back Right Coaster Step

33-34 Step left to left side, step right next to left
35&36 Step left to left side step right next to left step left to left side
37-38 Rock forward onto right rock back onto left
39&40 Step back right step left to right step forward right

Step Turn 1/2 Left Shuffle Forward, Step Out, Out, Touch Knee Pop

41-42 Step forward left pivot 1/2 turn to right stepping forward right
43&44 Triple step forward left, right, left
45-46 Step right out to right side step left out to left side
47&48 Touch right next to left, pop both knees forward & back

Turn 1/4 Right Shuffle Turn 1/2 Left Shuffle, Walk Right, Left Do Right Kick Ball Step Forward

49&50 Turn 1/4 right doing triple steps right, left, right
51&52 Turn 1/2 left doing triple step left, right, left
53-54 Walk forward right, left
55&56 Kick right forward step on right step forward on left

Rock Forward Recover, Triple Full Turn, Rock Forward & Back Triple 3/4 Left, Sway Sway

57-58 Rock forward right rock back left
59&60 Turn full turn right doing triple step right, left, right

61&62 Rock forward left rock back on right doing triple $\frac{3}{4}$ turn on Left Right Left

WALL 1 only RESTART HERE

63-64 Sway Hips Right Left

END OF DANCE. REPEAT AND START AGAIN.
