'La Mer' Beyond The Sea



拍數: 48 牆數: 4 級數: Improver

編舞者: Marjorie Barnabas-Shaw (MY) - July 2008

音樂: Beyond the Sea - Robbie Williams: (Album: Swing When You are Winning.

Soundtrack of 'Finding NEMO')



Intro Count: 16 Start on vocals

A. CROSS ROCK BACK RIGHT, RECOVER. RIGHT CHASSE, CROSS ROCK FORWARD LEFT. RECOVER, SIDE CLOSE, 1/4 LEFT.

1-2 Cross rock back right. Recover onto left.

3&4 Step right to right side. Close left beside right. Step right to right side.

5-6 Cross rock forward left. Recover onto right.

7&8 Step left to left side. Close right beside left. Step 1/4 left on left.

B. STEP FORWARD RIGHT, PIVOT 1/2 LEFT, RIGHT CHASSE. ROCK BACK LEFT AND KICK BALL CHANGE.

1-2 Step forward right. Turn 1/2 left.

3&4 Step right to right side. Close left beside right. Step right to right side.

5-6 Rock back left. Recover onto right.

7&8 Kick left forward. Step left beside right. Step right in place.

C. LEFT-CHASSE, CROSS ROCK BACK, RECOVER, RIGHT-CHASSE, CROSS ROCK BACK, RECOVER.

1&2 Side left. Close right beside left. Side left.
3-4 Cross-rock back right. Recover onto left.
5&6 Side right. Close left beside right. Side right.
7-8 Cross-rock back left. Recover onto right.

D. TURN 1/4 LEFT, CROSS BACK, 1/4 LEFT TURN, FORWARD STEP, LEFT TOE STRUT, COASTER STEP.

1-2 Step 1/4 left on left. Cross right behind left.
3-4 Step 1/4 left on left. Step forward right.
5-6 Touch left toe forward. Drop left heel to floor.

7&8 Step back right. Step left beside right. Step forward right.

E. TAP (2x) BALL OF FEET DIAGONALLY FORWARD, SWEEP-STEP BACK, TOGETHER, CROSS

1-2 Tap left foot diagonally forward (11.00 o'clock). Tap left foot diagonally forward (10 o'clock)

3&4 Sweep-step left behind right. Step right beside left. Cross left over right.

3-4 Tap right foot diagonally forward (1.00 o'clock). Tap right foot diagonally forward (2.00

o'clock)

7&8 Sweep-step right behind left. Step left beside right. Cross right over left.

F. DIAGONAL TOE-TOUCHES (LIGHT TOUCHES), BACK LEFT, CROSS, BACK LEFT, DIAGONAL FORWARD HEEL TOUCH.

1-2 Touch left toe diagonally forward. Step onto left foot.3-4 Touch right toe diagonally forward. Step onto right foot.

5-6 Step back left. Cross right over left.

7-8 Step back left . Touch right heel diagonally forward.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~