

# Jamaica Paradise

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver Cha Cha  
編舞者: Gerald Biggs (USA) - July 2008  
音樂: Almost Jamaica - The Bellamy Brothers : (CD: The 25 year collection, vol.2, re-recorded versions)



Alternate music: Lodi; by Creedence Clearwater Revival; CD; Green River (Remastered)

(start on vocals)

## SIDE ROCK, TRIPLE STEP FORWARD, SIDE ROCK, TRIPLE STEP FORWARD

1-2            Rock RT to side, Recover onto LT  
3&4           Step RT forward, Step LT together, Step RT forward  
5-6           Rock LT to side, Recover onto RT  
7&8           Step LT forward, Step RT together, Step LT forward

## CROSS STEP, STEP TOGETHER, FORWARD ROCK RECOVER, COASTER STEP, RT SIDE ROCK

1&2           Step RT over LT, Step LT to side, Step RT together (syncopated)  
3-4           Rock forward on LT, Recover onto RT  
5&6           Step LT back, Step RT together, Step LT forward  
7-8           Rock RT to side, Recover onto LT

## STEP ½ TURN LT, ROCK BACK RECOVER, TRIPLE STEP FORWARD, WALK, WALK,

1-2           Step forward RT, Pivot ½ turn LT on ball of RT (keep weight RT)  
3-4           Rock back on LT, Recover onto RT  
5&6           Step LT forward, Step RT together, Step LT forward  
7-8           Walk forward, R,L,

## TRIPLE STEP SIDE RT, TRIPLE STEP FORWARD, CROSS SHUFFLE, LT SIDE ROCK RECOVER

1&2           Step RT to side, Step LT together, Step RT to side  
3&4           Step LT forward, Step RT together, Step LT forward  
5&6           Cross shuffle RT over LT, ( R,L,R)  
7-8           Rock LT to side, Recover onto RT

## CROSS ROCK, SHUFFLE STEP SIDE LT, CROSS ROCK, SHUFFLE STEP SIDE RT

1-2           Step LT over RT, Recover back onto RT  
3&4           Step LT to side, Step RT together, Step LT to side  
5-6           Step RT over LT, Recover back onto LT  
7&8           Step RT to side, Step LT together, Step RT to side

## ROCK FORWARD,RECOVER, TRIPLE STEP BACK, ROCK BACK,RECOVER, STEP, TURN 1/4

1-2           Rock forward on LT, Recover onto RT  
3&4           Step LT back, Step RT together, Step LT back  
5-6           Step back on RT, Recover forward onto LT  
7-8           Step RT forward, Pivot ¼ turn LT while shifting weight LT

Start again