

# El Shaddai

拍數: 32      牆數: 4      級數: Improver  
編舞者: Yeo Yu Puay (MY) - May 2008  
音樂: El-Shaddai - Amy Grant : (CD: Classic Gold)



Dance begins on the vocals on "dai" of El Shaddai

## Side, Back-Rock, Side, Cross-Rock, Full Triple Turn Right (Moving To Right), Cross, Side-Rock Cross

- 1 2&      Step right to the side(1), step left behind right(2), recover weight onto the right(&)  
3 4&      Step left to the side(3), cross right over left(4), recover weight onto the left(&)  
5 6&7      Turning  $\frac{1}{4}$  right step right forward(5), turning another  $\frac{1}{4}$  right step left to the side(6), continue turning another  $\frac{1}{2}$  right stepping right to the side(&) [you'd have made a full right turn moving to the right], cross left over right (7)  
8& 1      Step right to the side(8), recover weight onto the left(&), cross right over left(1)

## Full Triple Turn Right (Moving To Left), Cross Rock, Diagonal Back Lock Back, Diagonal Back, Drag

- 2& 3      Turning  $\frac{1}{4}$  right step left back(2), Turning  $\frac{1}{4}$  right step right to the side(&), turning another  $\frac{1}{2}$  step left to the side(3) [you'd have made a full right turn moving to the left]  
4& 5      Cross right over left(4), recover weight onto the left(&), take a big step diagonally right back(5)  
6& 7 8      Lock left in front of right(6), step right diagonally back(&), take a big step diagonally left back(7), drag right foot to touch next to left(8)

## Step Forward, Full Triple Turn Right Forwards Ending In A Lunge, Step Right Back Sweeping Left, Step Left Back Sweeping Right, Step Right Back Sweeping Into A Left Sailor, Right Scissors

- 1      Step right foot forward(1)  
2& 3      Turning  $\frac{1}{4}$  right step left to the side(2), turning  $\frac{1}{2}$  right step right to the side(&), turning  $\frac{1}{4}$  right step and lunge left foot forward(3)  
4      Recover weight onto right, sweeping left foot back  
5      Step left back, sweeping right foot back  
6      Step right back, sweeping left foot back  
&7&      Step left foot behind right(&), step right to the side(7), step left on the spot(&)  
8& 1      Take a big step to right (8), step left next to right(&), cross right over left(1)

## Step Lock Step Into Left Diagonal, Step Lock Step Into Right Diagonal, Cross Rock Side, Drag & Turn $\frac{1}{4}$ Left, Pose

- 2& 3      Step left forward into the left diagonal(2), lock right behind left(&), step left forward into the left diagonal(3)  
4& 5      Step right forward into the right diagonal(4), lock left behind right(&), step right forward into the right diagonal(5)  
6& 7      Cross left over right(6), recover weight onto the right(&), take a big step to the left(7)  
8      Drag right foot towards the left ending with a  $\frac{1}{4}$  turn left, right toe pointed down, knee out in a figure 4, head looking to the right(8)

Start again facing new wall

RESTART: There is a restart AFTER the FIRST 16 beats on Wall 4 (facing 3 o'clock).

TAG: There is a tag at the END of Wall 5 (facing 3 o'clock). Here the music slows down into a pause. The last 4 beats of that wall be as follows:

## Cross Rock Side, Drag, Cross & Unwind $1\frac{1}{4}$ Left, Hold.....

- 6& 7      Cross left over right, recover weight onto the right, take a big step to the left

8& 1 hold Drag right foot towards the left, cross right over left, do a slow  $1\frac{1}{4}$  left unwind to face 12 o'clock(keeping weight on the left), then hold till the singer sings El Shaddai starting again on the "dai"

**Start again facing 12 o'clock**

**OPTIONAL:**

**When the music builds up at the end of Wall 6 (facing 12 o'clock), you can add two quick paddles to the last two beats turning  $1\frac{1}{4}$  left, as follows:**

**Cross Rock Side With  $\frac{1}{4}$  Turn Left, Two Quick Paddles Turning Full Turn Left**

6& 7 Cross left over right, recover weight onto the right, take a big step to the left turning  $\frac{1}{4}$  left

&8&a Step ball of right foot forward and turn a  $\frac{1}{2}$  left shifting weight to the left foot, Step ball of right foot forward and turn a  $\frac{1}{2}$  left shifting weight to the left foot

**Start again facing 9 o'clock wall**

**Express yourself..... and enjoy! J**

**\*\*Special thanks to\*\*:**

**Judy, Alice and Pat for their invaluable input to this dance, and especially to my El Shaddai... THANK YOU for the gift of dance.**

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