

21st Century

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Chris Salter (UK) - July 2008
音樂: 21st Century Life - Sam Sparro



Intro: 32

Section 1: Walk (x2), Rock 1/2 Turn Right, Left Shuffle, Side Rock

1 - 2 Step right forward, step left forward
3 & 4 Rock forward on right, recover on left, turn 1/2 right stepping forward on right
5 & 6 Step left forward, step right beside left, step left forward
7 - 8 Rock right to right side, recover on left [6:00]

Section 2: Cross Shuffle, 3/4 Turn Right, Rock, Recover, Back Shuffle 1/4 Turn Right

1 & 2 Cross right over left, step left beside right, cross right over left
3 - 4 Turn 1/2 turn right stepping back on left, turn 1/4 turn right stepping forward on right [3:00]
5 - 6 Rock forward on left, recover on right
7 & 8 Step left back 1/4 turn right, step right beside left, step left back [6:00]

Section 3: Back Toe Struts (x2), Rock, Recover, Right Kick Ball Change

1 - 4 Touch right toe back, drop right heel, touch left toe back, drop left heel
5 - 6 Rock back on right, recover on left
7 & 8 Kick right forward, step right beside left, step left in place [6:00]

Section 4: Jazz Box 1/2 Turn Right, Modified Monterey 1/2 Turn Right

1 - 2 Cross right over left, step back on left
3 - 4 Turn 1/2 turn right stepping forward on right, step left beside right [12:00]
5 - 6 Point right to right side, turn 1/2 turn right on ball of left closing right beside left
7 & 8 Point left to left side, hitch left knee beside right leg, point left to left side [6:00]

TAG / RESTART Tag then restart here on 7th wall

Section 5: Left Sailor Step, Right Sailor 1/2 Turn Step, Left Shuffle, Stomp, Hold

1 & 2 Cross left behind right, step right beside left, step left forward
3 & 4 Cross right behind left making 1/4 turn right, step left beside right making 1/4 turn right, step right forward [12:00]
5 & 6 Step left forward, step right beside left, step left forward
7 - 8 Stomp right forward, hold [12:00]

Section 6: Side Switches (x2), Toe Touches (x2), Touch, Hitch, Touch, Left Coaster Step

1 & 2 & Touch left to left, step left beside right, touch right to right, step right beside left
3 & 4 & Touch left toe forward, step left beside right, touch right toe forward, step right beside left
5 & 6 Touch left toe forward, hitch left knee, touch left toe forward
7 & 8 Step left back, step right beside left, step left forward [12:00]

Section 7: Step, 1/2 Pivot Left, Right Shuffle, Paddle 1/4 Turn Right, Paddle 3/8 Turn Right

1 - 2 Step right forward, pivot 1/2 turn left [6:00]
3 & 4 Step right forward, step left beside right, step right forward
5 - 6 Step left forward, make 1/4 turn right and small step right (use your hips) [9:00]
7 - 8 Step left forward, make 3/8 turn right and small step right (use your hips) [1:30]

Section 8: Cross Shuffle, Side Rock, Recover, Cross Shuffle, 3/8 Turn Right, Sweep Touch

1 & 2 Cross left over right, step right beside left, cross left over right
3 - 4 Rock right to right side, recover on left

5 & 6 Cross right over left, step left beside right, cross right over left [body angled at 10:30]
7 - 8 Make 3/8 turn right stepping back on left, sweep right round to touch beside left [3:00]

TAG: After Count 32 On 7th Wall (Facing 12:00) Jazz Box 1/4 Turn Left With Touch

1 - 2 Cross left over right, step back on right
3 - 4 Turn 1/4 turn left stepping left to side, touch right beside left [9:00]

RESTART Then restart dance from the beginning
