

Four On The Floor

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Will Craig (USA) - July 2008
音樂: Four On the Floor - Lee Brice



Cross Rocks ½ Turn Left, Stomps Twice

1-2 Cross rock right over left, recover back onto left
&3-4 Bring right next to left, cross rock left over right, recover back onto right
&5-6 Step left together, cross right over left, unwind ½ turn left ending with weight on left
7-8 Stomp right, stomp left ending with weight on left

Side Shuffle, Cross Rock, Side Shuffle, ½ Turn Left

1&2 Step right to side, step left together, step right to side
3-4 Cross rock left over right, recover back onto right
5&6 Step left to side, step right together, step left to side
7-8 Cross right over left, unwind ½ turn left ending with weight on left

Cross Points Forward Twice, Cross Points Back Twice

1-2 Step right forward, touch left toe to left side
3-4 Step forward crossing left over right, touch right toe to right side
5-6 Step right back, touch left toe to left side
7-8 Step left back, touch right toe beside left

Coaster, Shuffle, Rock Step, Coaster

1&2 Step right back, step left together, step right forward
3&4 Step left forward, step right together, step left forward
5-6 Rock right forward, recover on left
7&8 Step right back, step left together, step right forward

Side Rock, Behind, Side, Cross, Step Twice With Arm Pump And Knee Bends

1-2 Rock left to left side, recover back to right
3&4 Cross left behind right, step right to side, cross left over right
5-6 Step right forward out to right side, step left to side and clap
&7 Bring right arm up and lift both heels, bring arm forward pointing knees in
&8 Bring right arm up and lift both heels, bring arm forward pointing knees in

Behind, Side, Cross, Rock Step, Back Lock, ¼ And ½ Turns Right

1&2 Cross right behind left, step left to side, cross right over left
3-4 Rock left forward, recover on right
5&6 Step left back, lock right over left, step left back
7-8 Turn ¼ right stepping right to right side, turn ½ turn right stepping left to left side and clap

TAG: On fifth wall dance counts 1-36 and do tag

1-4 Stomp forward right, left, right, left

Begin dance again