

Call Forwarding

拍數: 32 牆數: 4 級數: Advanced
編舞者: Michael Lorah (USA) - July 2008
音樂: Last Night (feat. Keyshia Cole) - Diddy : (CD: Press Play)



Two Steps, A Cross, And Some Turns

- 1-2&3 Step forward right, left, step right to side, step left to side slightly back
4-5-6 Cross right over left (prepare to turn to the right), step back on the left a ¼ turn right, continue turning right with a ¼ side step onto the right
&7-8 Step back onto the left, step across onto right, step forward a ¼ turn left onto left

Rock, Recover, And Hip Shaking Goodness

- 1-2&3 Rock right forward, recover on left, step back onto right, cross left over right to a ¼ turn right
4-5& Step slightly to the right side onto the right a ¼ turn, cross the left over the right, step the weight onto the right slightly turning to the right
6-8 Keep this motion going rolling the hips right to left for a half turn weight ending on the left

½ Turn, ¼ Turn, A Step Or 2 And A ½

- 1-2&3 Step right forward, turn a ½ turn to the left taking the weight, step the right to the right side a ¼ turn, cross left over right
4-5 Step right forward, step left forward a ¼ turn right
6&7 Cross right behind left, step left to side, step right forward
8 Make a ½ turn left

Rock Forward, ½ Turn, Cha 2 Steps

- 1-2 Rock right forward, recover onto left
3&4 Cha a ½ turn right stepping right left, right
5&6 Continue a ¼ turn right with a cha left, right, left
7-8 Step forward right then left

REPEAT
