

Mmm That's Nice

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dougie D (UK) - July 2008
音樂: When You Touch Me - Freemasons : (CD: Single)



Cross Mambos Twice (Traveling Forward), Step Forward, ½ Turn Left, Forward Mambo

1&2 Cross right over left, step left to side, step right in place (traveling forward)
3&4 Cross left over right, step right to side, step left in place (traveling forward)
5-6 Step right forward, pivot ½ turn left
7&8 Step right forward, step left in place, step right beside left

Side Rock, Behind Side Cross, Twice

1-2 Rock left to side, recover on right
3&4 Cross left behind right, step right to side, cross left over right
5-6 Rock right to side, recover on left
7&8 Cross right behind left, step left to side, cross right over left

Rock Left To Side, Recover On Right With ¼ Turn Right, Shuffle Forward Twice, Back Rock

1-2 Rock left to side, recover on right with ¼ turn right
3&4 Shuffle forward, stepping left, right, left
5&6 Shuffle forward, stepping right, left, right
7-8 Rock left back, recover on right

Step Left Forward With ¼ Turn Left, Step Right Beside Left, Sailor Step, Cross Right Over Left, Pivot ¼ Right, Step, Left Beside Right, Sailor Step

1-2 Step left forward with ¼ turn left, step right beside left (facing 6:00)
3&4 Cross left behind right, step right beside left, step left in place
5-6 Cross right over left, pivot ¼ turn right on right and step left beside right (facing 9:00)
7&8 Cross right behind left, step left beside right, step right in place

Cross Left Over Right Twice, Cross Right Over Right Twice

1&2 Cross left over right, cross right behind left, cross left over right
3&4 Sweep right out to right side and cross right over left, cross left behind right, cross right over left
5-6 Rock left out to left side, recover on right with ¼ turn right
7&8 Shuffle forward, stepping left, right, left

Lock Steps Back X4, Sailor Steps Twice

1&2& Step right back, cross left over right, step right back, cross left over right
3&4 Step right back, cross left over right, step right back
5&6 Cross left behind right, step right beside left, step left in place
7&8 Cross right behind left, step left beside right, step right in place

Rock Left To Side, Recover On Right With ¼ Turn Right, Shuffle Forward Twice, Step Left Forward, ½ Turn Right

1-2 Rock left to side, recover on right with ¼ turn right
3&4 Shuffle forward, stepping left, right, left
5&6 Shuffle forward, stepping right, left, right
7-8 Step left forward, pivot ½ turn right

Step Diagonally Left/Forward, Rock Hips, Left, Right, Left, Step Diagonally Right/ Forward Rock Hips Left, Right, Left

1-2 Step left diagonally forward, step right beside left

3&4 Rock hips left, right, left
5-6 Step right diagonally forward, step left beside right
7&8 Rock hips, left, right, left

Repeat
