Irresistible

拍數: 40

級數: Intermediate

編舞者: Sophitia Christiansen (DK) - July 2008

音樂: Irresistible - Jessica Simpson : (CD: Irresistible 2001)



Intro: 32 counts

S1: Walks With Crosses, Out, Out, Knee Pops, Sailor 1/4, 1/4, Hip Push

牆數:4

- 12 Cross right over left, cross left over right,
- &3 Jump or step both feet back quickly on right then left
- 4 Pop right knee in

Add Tag here on Wall 3 and Restart dance.

- 5 Pop right knee out lunging onto right
- 6&7 Cross left behind right, step right forward to 1/4 turn right, step left to left
- 8 Close right beside left to 1/4 turn right, push hips back (6)

S2: Back Coaster, 1/2, 1/4, Cross Rock 1/4, Step, Hip Bumps

- 1&2 Step left back, close on right, cross left over right (preparing to turn left)
- 34 Step right forward to 1/2 turn left, step left back to 1/4 turn left,
- 5&6& Cross rock right over left, recover left, step right to 1/4 right turn, step left forward
- 7&8 Step right to right diagonal and bump hips right, left, right (12)

S3: Jazz Box 1/2, Pivot 1/4, Step, Walks With Crosses, Side Drag, Knee Spilt

- 1&2 Cross left over right, step back on right, step left back with 1/2 turn left,
- 3& Step right forward, pivot 1/4 turn left (transfer weight from right to left),
- 456 Traveling forward, cross right over left, cross left over right, long step slide right to side right with left toe dragging towards right
- 7&8 Step left beside right, spilt both knees out, back to centre (3)

Add Tag here on Wall 6 and Restart dance.

S4: Side, Behind, 1/4, Kick Ball Cross, Full Turn, Hitch, 1/4, Side

- 12& Step left to left side, cross right behind left, step left back to 1/4 right turn,
- 3&4 Kick right forward, step right next to left, cross left over right (6)
- 5&6 Step 1/2 turn left back on right, step left forward to 1/2 turn left, hitch right behind left(4 f ig)
- 7&8 Step right forward, long step left forward to ¼ right turn, drag right towards left (9)

S5: Point, Flick, Drag, Sailor 1/2, Touch, Bump, Hip Roll, Sit, Straighten Up

- 1&2 Point right toes to side, flick right behind left, long step right to side right with left toe dragging towards right(9)
- 34 Cross left behind right, step right to 1/2 turn left, left to left side, (3)
- 5 Touch right to right diagonal
- 6 Bump right hips up and onto right
- 7 Roll hips left to sit and dip down on left leg
- 8 Straighten up, push hips back

On Wall 3, dance up to count 4 and add the Tag

On Wall 6, after 24 counts, add the Tag & Restart.

Tag

The tag will be the last 4 counts of the dance (Touch, Bump, Hip Roll, Sit, Straighten Up)