

# Work Work Work!

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Amy Christian (USA) - July 2008  
音樂: Work (Freemasons Remix) - Kelly Rowlands



Intro: 32 Count Intro.

## Step, Ball, Recover, Step, Ball, Recover, Cross, ¼ Turn, ½ Turn Shuffle

1&2      Step R foot fwd, Step out to L side on ball of L foot, Recover on R foot  
3&4      Step L foot fwd, Step out to R side on ball of R foot, recover on L foot  
5-6      Cross step R foot across L foot, ¼ turn right stepping back on L foot (3 o'clock)  
7&8      Shuffle ½ turn right, R, L, R, (9 o'clock)

## In, In, Back, Coaster Step, Out, Out, Back, Coaster Step,

&1      Step fwd on L foot, Step R foot next to L foot,  
2      Step back on L foot,  
3&4      Right Coaster Step,  
&5      Step out to L side on L foot, Step out to R side on R foot, 6 Step back on L foot,  
7&8      Right Coaster Step,

## ¼ Turn Chasse, Out, Out, ½ Turn Cross Shuffle, Out, Out,

1&2      ¼ Turn right, step L foot to left side, Step R next to L, Step L foot to L side, (12 o'clock)  
3-4      Step R foot to right side, Step L foot to left side,  
5&6      ½ Turn right, cross R foot over L foot, Step L foot to left side, Cross R foot over L foot, (6 o'clock)  
7-8      Step L foot to left side, Step R foot to right side,

## Behind, Side, Cross, Mambo Touch With Easy Arms Movements On Counts 4-8,

1&2      Step L behind R, Step R to right side, Cross L over R,  
3&4      Rock to right side on R foot, Recover on L, Step R foot next to L with weight on L foot, 4 Arms at chest level, bent at elbows, R palm over back of L hand,  
5      Tilt arms, R elbow down (pointing 5 o'clock) L elbow up (pointing 10 o'clock)  
6      Swing hands out, R hand still pointing 5 o'clock, L hand pointing 10 o'clock  
7      Bring hands back, R palm over back of L hand (same position as in count 5), Still at tilt,  
8      Straighten up, as at count 4, elbows bent, with R palm over back of L hand,

## TAG: 8 Counts (Done After Wall 3 - Facing Back Wall)

### R Side Mambo, L Side Mambo, Pull, Twist ¼ Turn R, Pull, Twist ¼ Turn R ,

1&2      Rock out to right side on R foot, Recover on L, Step R next to L,  
3&4      Rock out to left side on L foot, Recover on R, Step L next to R,  
5-6      Bring arms straight out to R side, as if pulling on a handle(5), ¼ Turn R, Twisting on both feet(8),  
7-8      Bring arms straight out to R side, as if pulling on a handle(7), ¼ Turn R, Twisting on both feet(8). (Keep weight on left foot).

The tag will bring you to the front wall. Begin again!