

Our World Now

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Paul Dornstedt (USA) & Gene Morrill (USA) - 2008
音樂: It's Your World Now - Eagles : (CD: Long Road Out Of Eden)



Lead in 32 cts.

(1 – 8) Forward, Hold, Side, Together, Back, Hold, Back, Cross

1 - 4 Step left forward, hold, step right side right, step left next to right
5 - 8 Step back on right, hold, step left side left and slightly back, cross right over left

(9 -16 1/4 Left, Sweep, Cross, Back, 1/2 Right, Hold, 1/2 Right, 1/2 Right)

1 - 2 Turn 1/4 left and step forward on left, sweep right forward and across left (9:00)
3 - 6 Cross right over left, step back on left, turn 1/2 right and step forward on right, hold (3:00)
7 - 8 Turn 1/2 right and step back on left, turn 1/2 right and step forward on right (3:00)

Alternate steps for 7 - 8

Small step forward on left, small step forward on right

(17 – 24) 1/4 Right, Hold, Rock, Recover, Side, Hold, Rock, Recover

1 - 4 Turn 1/4 right and step left side left, hold, (6:00) Cross rock back on right, recover weight forward on left
5 - 8 Step right side right, hold, cross rock back on left, recover weight forward on right

(25 – 32) Side, Hold, Rock, Recover, 1/4 Left, 1/4 Left Sweep, Rock, Recover

1 - 4 Step left side left, hold, cross rock back on right, recover weight forward on left
5 - 6 Turn 1/4 left and step back on right, sweep left into a 1/4 left turn (12:00)
7 - 8 Rock back on left, recover weight forward on right

RESTART here: DURING 2nd rotation (facing back wall) and 4th rotation (facing front wall)

(33 – 40) Forward, Hold, Side, Together, Forward, Hold, Rock, Recover

1 - 4 Step forward on left, hold, step right side right, step left next to right
5 - 8 Step forward on right, hold, rock forward on left, recover weight back on right

(41 – 48) 1/2 Left, Hold, 3 Hip Walks, Hold, 1/4 Right Rock, Recover

1 - 2 Turn 1/2 left and step forward on left, hold (6:00)
3 Step right to right forward diagonal swinging right hip out
4 Step left to left forward diagonal swinging left hip out
5 - 6 Step right to right forward diagonal swinging right hip out, hold
7 - 8 Turn 1/4 right and rock left side left, recover weight right side right (9:00)

(49 – 56) Cross Behind, Unwind 1/2 Left, Rock Fwd, Recover, Back, Hold, 1/2 Left, 1/2 Left

1 - 2 Cross left behind right, unwind 1/2 left with weight on left (3:00)
3 - 6 Rock forward on right, recover weight back on left, step back on right, hold
7 - 8 Turn 1/2 left and step forward on left, turn 1/2 left and step back on right (3:00)

Alternate steps for 7 - 8

Small step back on left, small step back on right

(57 – 64) Side, Hold, Cross, Side, Cross, Hold, Rock, 1/4 Right Recover

1 - 2 Step left to side left and slightly back, hold
3 - 6 Cross right over left, step left side left, cross right over left, hold
7 - 8 Rock left side left, turn 1/4 right and step forward on right (6:00)

REPEAT

