LOT (Lots of Thanks)



拍數: 32 編數: 0 級數: Easy Intermediate

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音樂: Thank You - Amy Diamond: (CD: Music in motion - Gold edition)



Intro: 16 counts

Out Out Together Jump Side Touch Side Touch

1 2 Step out right to right side. Step out left to left side

3 4 Step right together with left. Make a little jump on the spot (or high if you like!)

5 6 Step out to right. Touch left behind right

7 8 Step out to left. Touch right behind left (12 o clock)

Kickballcross x 2 Siderock Sailor 1/4 turn right

| 1&2 | Right kickballcross to the right |
|-----|-------------------------------------|
| 3&4 | Right kickballcross to the right |
| 5 6 | Right siderock. Recover onto left |
| 7&8 | Sailor ¼ turn to right (3 o clock) |

^{**} Wall 3 & 6- Restart after tag

Stepturn ½ right Left shuffle fw Fullturn fw Step Together

1 2 Step f w on left, turn ½ right (9 o clock)

3&4 Left shuffle f w

5 6 Turn ½ left-step back on right. Turn ½ left-step f w on right (9 o clock)

7 8 Step f w on right. Step left together with right

Swivel heels, toes, heels, toes heels, toes, heels, toes

| 1 2 | Swivel both heels to the right. Swivel toes to the right Clap |
|-----|---|
| 3 4 | Swivel both heels to the left. Swivel toes to center Clap |
| 5 6 | Swivel both heels to the left. Swivel toes to the left Clap |

7 8 Swivel both heels to the right. Swivel toes to center Clap (9 o clock)

* Wall 4 & 8. Then start from the top

Ending: Turn 1/4 right to face the front wall and pose!

* Tag 1:16 counts End of 4th & 8th Wall Then start from the top

Walk, walk, ballstep, stepturn, fullturn

| 1 2 | Step f w right. Step f w left |
|------|--------------------------------|
| &3 4 | Right ballstep. Step f w right |
| 5 6 | Step f w left. Turn 1/2 right |
| 7 8 | Full turn f w turning right |

Walk, walk, ball-step, step, fullturn

| 12 | Step f w left. Step f w right |
|------|--------------------------------|
| &3 4 | Left ball-step . Step f w left |
| 5 6 | Step f w right. Turn ½ left |
| 7 8 | Full turn f w turning left |

** Tag 2 : 4 counts On wall 3 & 6 after 16 counts. Then restart from the top Cross unwind $\frac{3}{4}$ right

1-4 Cross left over right. Unwind ¾ right- weights ends on left