

Head Phones

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Maggie Gallagher (UK) - July 2008
音樂: Headphones (Almighty Anthem Edit) - LeAnn Rimes : (Almighty CDM)



Intro : 64 counts (29 secs) Start on Main Vocals (Total Song Duration 3m 42s)

The dance moves in an Anti-Clockwise direction. (Start 12.00)
(Restart after 48 counts of wall 2 – Facing the back wall).

S1: WALK, 1/2 RIGHT, 1/4 RIGHT, POINT LEFT, 1/4 LEFT, POINT RIGHT, RIGHT KICK-BALL-CHANGE

1,2 Walk forward right, Make 1/2 turn right stepping back on left (6.00)
3,4 Make 1/4 turn right stepping right to right side, Point left toe to left side (9.00)
5,6 Make 1/4 turn left stepping onto left, Point right toe to right side (6.00)
7&8 Kick forward on right, Step right next to left, Step left in place

S2: STEP, 1/2 PIVOT, ROCK, RECOVER, FULL TURN RIGHT, LEFT SHUFFLE

1,2 Step forward on right, Make 1/2 pivot turn left turn left (weight back on right) (12.00)
3,4 Rock back on left, Recover onto right
5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (12.00)
7&8 Step forward on left, Step right beside left, Step forward on left

S3: SIDE, HOLD, TOGETHER, RIGHT CROSS, HOLD, HEEL JACK, HOLD, TOGETHER, CROSS ROCK, RECOVER

1,2 Step right to right side, HOLD
&3,4 Step left beside right, Cross right over left, HOLD
&5,6 Step back on left, Tap right heel forward on right diagonal, HOLD
&7,8 Step right beside left, Cross rock left over right, Recover onto right (12.00)

S4: SIDE, 1/2 HINGE LEFT x2, LEFT SIDE CHASSE, ROCK BACK, RECOVER, RIGHT SIDE CHASSE

1,2 Step left to left side, 1/2 hinge turn left stepping right to right side (6.00)
3&4 1/2 hinge turn left stepping left to left side, Step right next to left, Step left to left side (12.00)
5,6 Rock back on right, Recover onto left
7&8 Step right to right side, Step left next to right, Step right to right side

S5: TURN 1/4 LEFT WITH STOMP, HOLD, RIGHT SAILOR, CROSS, HITCH, BACK, POINT

1,2 Make 1/4 turn left stomping left to left side, HOLD (9.00)
3&4 Cross right behind left, Step left to left side, Step right to right side
5,6 Cross step forward on left, Hitch right knee forward
7,8 Step back on right (diagonal), Point left toe to left side (9.00)

S6: LEFT CROSS, RIGHT KICK RONDE FORWARD, RIGHT JAZZ, SIDE TOUCHES

1,2 Cross left over right, Kick right forward sweeping over left
3,4 Cross right over left, Step back on left
5,6 Step right to right side, Touch left next to right
7,8 Step left to left side, Touch right next to left (9.00)

S7: WALKS BACK, OUT, OUT, BACK, 1/2 TURN, STEP, 1/2 PIVOT, STEP

1,2 Walk back right, Walk back left
&3,4 Step out on right, Step out on left, Step back on right
5,6 Make 1/2 turn left stepping forward on left, Step forward on right (3.00)
7,8 1/2 pivot left with weight on left, Step forward on right (9.00)

S8: FULL TURN RIGHT, LEFT SHUFFLE, RIGHT JAZZ - STEP

1,2 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (9.00)
3&4 Step forward on left, Step right next to left, Step forward on left
5,6 Cross right over left, Step back on left
7,8 Step right to right side, Step forward on left (9.00)

Begin Again.

RESTART: Occurs after 48 counts during wall 2. You will be facing the back wall.
