

Cry For You

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Cry for You - September



Point, ½ turn left, kickball step, rock, recover, coaster step

- 1 - 2 Point LF toe back, ½ turn left (weight on LF)
- 3 & 4 Kick RF, place RF next to Left foot, take small step forward on LF
- 5 - 6 Rock forward on RF recover weight on LF
- 7 & 8 Small step back on RF, place LF next to RF, step forward on LF

Rock, recover, cross shuffle, side rock, cross shuffle

- 1 - 2 Take small step left on LF, recover weight on RF
- 3 & 4 Cross LF over RF, place RF next to LF, cross LF over RF
- 5 - 6 Take small step right on Rf, recover weight on LF
- 7 & 8 Cross Rf over LF, place LF next to RF, cross RF over LF

¼ turn right, rock recover, step turn step left, sailor full turn

- 1 Step LF back to the left, turning ¼ right
- 2 - 3 Rock back on RF, recover weight on LF
- 4 - 6 Step for ward on RF, pivot ½ turn left, step forward on RF
- 7 & 8 Cross LF behind RF, full turn left- stepping RF, LF

Toe strut x 2, lock step back, touch

- 1 - 2 Touch toes on RF forward, step down on RF
- 3 - 4 Touch toes on LF forward, step down on LF
- 5 - 6 Step back on RF, lock LF in front of RF
- 7 - 8 Step back on RF, touch Lf next to RF

Basic left x 2, heel switches, cross, hold (Start wall 6 here)

- 1 - 2 Step left on LF, step RF next to LF
- 3 - 4 Step left on LF, step RF next to LF
- 5 & 6 Touch left heel forward, step LF next to RF, touch right heel forward
- & 7 - 8 Step RF next to LF, cross LF over RF, hold

Basic right x 2, heel switches, cross, hold

- 1 - 2 Step right on RF, step LF next to RF
- 3 - 4 Step right on RF, step LF next to RF
- 5 & 6 Touch right heel forward, step RF next to LF, touch left heel forward
- & 7 - 8 Step LF next to RF, cross RF over LF, hold

Chasse left, rock, recover, chasse right, rock, recover

- 1 & 2 Step LF to left side, step RF beside LF, step LF to left side
- 3 - 4 Rock back on RF, recover weight on LF
- 5 & 6 Step RF to right side, step LF next to RF, step RF to right side
- 7 - 8 Rock back on LF, recover weight on RF

Rock, recover, shuffle ½ turn left, shuffle ½ turn left, rock, recover

- 1 - 2 Rock forward on LF, recover weight on RF
- 3 & 4 Shuffle ½ turn left - stepping LF, RF, LF
- 5 & 6 Shuffle ½ turn left stepping RF, LF, RF
- 7 - 8 Rock back on LF, recover weight on RF

Repeat!

Restart and funnel: There is a restart on wall 3 after 16 counts. After wall 5, start wall 6 with count 33 (basic step to the left) and finish count 33 - 64 on this wall
