

Boot Camp Swing

COPPERKNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Michele Burton (USA) & Michael Barr (USA) - May 2008
音樂: If You Don't Love Me - E.C. Scott : (CD: Masterpiece)



Intro: 48 ct. Lead

(1 – 8) Shuffle Right, Rock Step – Rock Step, Rock Step

- 1 & 2 Step Right foot side right; Step Left foot beside right; Step Right foot side right
3 – 4 Step (rock) back on Left foot; Return weight to Right foot in place
5 – 6 Step (rock) L foot side left; Return weight onto right foot in place
7 – 8 Step (rock) back on Left foot; Return weight onto Right foot in place (12 o'clock)

(9 – 16) Step Kick, Step, Rock Step, Toe, Heel, Cross

- 1 – 2 Step Left foot forward on left diagonal; Kick Right foot forward to left diagonal
3 – 4 Step Right foot back; Step Left foot back
5 – 6 Step Right foot forward on left diagonal; Touch toe of Left foot in towards right instep
7 – 8 Touch Left heel out on left diagonal; Step Left side right in front of right (12 o'clock)

(17–24) 4 Triples ~ 1 ¼ Turns Moving Toward 3:00 Wall

- 1 & 2 Turn ¼ right, stepping Right foot forward; Step Left foot beside right; Step Right foot forward (3 o'clock)
3 & 4 Turn ¼ right; stepping Left foot to left; Step Right foot beside left; Turn ¼ right, stepping Left foot back (9 o'clock)
5 & 6 Turn ¼ right, stepping Right to right; Step Left beside right; Turn ¼ right, stepping Right forward (3 o'clock)
7 & 8 Step Left foot forward; Step Right foot beside left; Step Left foot forward (3 o'clock)

(25–32) Step Touch, And Toe And Cross (Modified Heel Jack), Side Together 2x

- 1 – 2 Step forward on Right foot; Tap Left toe behind Right foot
&3&4 Step Left foot back; Touch Right toe forward; Step Right foot back; Cross Left foot over Right foot

(easy option: Step Left foot back on ct. 3; Tap Right foot beside left on ct. 4)

- 5 – 8 Step Right foot to right; Step Left beside right; Step Right foot to right; Step Left beside right (3 o'clock)

(33–40) Kick, Step, Triple 1/4 Left – Kick, Step, Triple 1/4 Left

- 1 – 2 Kick Right foot side right; Step Right foot behind left
3 & 4 Turn ¼ left stepping forward on Left foot; Step Right foot next to left; Step Left foot next to right (12 o'clock)
5 – 8 Repeat 1 -2 and 3 & 4 (9 o'clock)

(41–48) Step Touch, Back Step Slide, ½ Turn Forward Step, ¼ Turn Slide

- 1 – 2 Small step Right forward; Touch tap Left toe behind right
3 – 4 Step Left foot back (on back left angle), dragging Left foot; Continue drag
5 – 6 Turn ½ right on ball of Left foot, stepping forward on Right foot, dragging Left foot; Continue drag (3 o'clock)
7 – 8 Turn ¼ right, stepping Left foot to left, dragging Right foot toward left; Drag Right foot beside left (6 o'clock)

***Styling: in this last set of 8, the music dictates the tempo of this movement each time. Counts 3, 5, and 7 are emphasized, therefore make those steps large and let the free foot drag toward to support foot.**

Let's Dance It Again!

