

Love Vein

拍數: 32 牆數: 4 級數: Intermediate
編舞者: James "JP" Potter (USA) - May 2008
音樂: Bleeding Love - Leona Lewis



Set 1: Sugar Push, Half, Quarter, Cross Shuffle

- 1 2 Walk Right forward; Walk Left forward
3 & 4 Step Right together (behind) left (5th position); & Step Left in place; Step Right back
5 6 Make ½ turn left and step Left forward; Bring Right leg into passé (right foot to left knee; right knee bent) while making ¼ left
7 & 8 Step Right across (in front of) left; & Close Left next to right; Step Right across (in front of) left

Set 2: Point, Cross, Side Shuffle, Sway, Sway, Ball Cross, Quarter

- 1 2 Point Left to left side; Step Left across (in front of) right
3 & 4 Step Right to right side; & Close Left next to right; Step Right to right side into sway right
5 6 Sway to Left; Sway to Right
& 7 8 & Step ball of Left next to right; Step Right across (in front of) left; Make ¼ turn right and step Left back

Set 3: Back, Touch, Back, Touch, Shuffle Forward, ¼ Sweep, Cross

- 1 2 Step Right back; Touch Left forward with left knee bent
3 4 Step Left back (bring Left foot past right knee, turn hips slightly to left); Touch Right forward with right knee bent
5 & 6 Step Right forward; & Close Left next to right; Step Right forward
7 8 Make ¼ turn right sweeping Left around; Step Left across (in front of) right

Set 4: Side, Drag, Close, Step, Forward, Step, Spiral, Forward, Drag

- 1 2 Large step Right to right; Drag Left toward right
& 3 4 & Close Left next to right (3rd position); Step Right in place; Step Left forward
5 6 Step Right forward; Full spiral turn to left
7 8 Step Left forward; Drag Right through to start the dance again

Begin Again and Have Fun!!

TAG: After the 3rd wall, add this 8 Count Tag: Sugar Push, Back, Back, Anchor Step

- 1 2 Walk Right forward; Walk Left forward
3 & 4 Step Right together (behind) left (5th position); & Step Left in place; Step Right back
5 6 Step Left back; Step Right back
7 & 8 Step Left next to right (3rd position); & Step Right in place; Step Left in place
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