

# Monica

**COPPER KNOB**  
STEPPERS

拍數: 0                      牆數: 2  
編舞者: BM Leong (MY) - June 2008  
音樂: Monica - Lesley Cheung

級數: Phrased Easy Intermediate



Sequence of dance: **ABABC / A(32) / ABABC / BBB**  
Count in: 16 counts starting on vocal.

## Section A ( 40 counts. )

### **RIGHT VINE, TOUCH, STEP, TAP, BACK, TOUCH**

- 1-2                      Step right to right side, cross left behind right
- 3-4                      Step right to right side, touch left beside right
- 5-6                      Step left forward, tap right toes behind left heel
- 7-8                      Step right back, touch left toes beside right toes

### **LEFT VINE, TOUCH, STEP, TAP, BACK, TOUCH**

- 1-2                      Step left to left side, cross right behind left
- 3-4                      Step left to left side, touch right beside left
- 5-6                      Step right forward, tap left toes behind right heel
- 7-8                      Step left back, touch right toes beside left toes

### **FORWARD LOCK STEP WITH SCUFF X 2**

- 1-2                      Step right forward to right diagonal, lock left behind right
- 3-4                      Step right forward diagonally, scuff left forward
- 5-6                      Step left forward to left diagonal, lock right behind left
- 7-8                      Step left forward diagonally, scuff right forward

### **ROCK, RECOVER, 1/2 TURN RIGHT, HOLD, ROCK, RECOVER, 1/2 TURN LEFT**

- 1-2                      Rock right forward, recover onto left
- 3-4                      Turning 1/2 right step right forward, hold
- 5-6                      Rock left forward, recover onto right
- 7-8                      Turning 1/2 left step left forward, hold

### **SIDE-ROCK-CROSS, HOLD, SIDE-ROCK-1/2 TURN LEFT, HOLD**

- 1-2                      Rock right to right side, recover onto left
- 3-4                      Cross right over left, hold
- 5-6                      Rock left to left side, recover onto right
- 7-8                      Turning 1/2 left step left to left side, hold

## Section B ( 32 counts.)

### **STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD**

- 1-2                      Step right forward diagonally pushing both hands up, hold
- 3-4                      Step left forward diagonally pushing both hands up, hold
- 5-6                      Step right forward diagonally pushing both hands up, hold
- 7-8                      Step left forward diagonally pushing both hands up, hold

### **KICK & TOUCH, RIGHT HIP BUMPS X 2, RIGHT SHOULDER PUSH X 4**

- 1&2                      Kick right forward, step right together, touch left forward diagonally
- 3-4                      With weight on right, bump hips to right side twice pushing right palm forward & to the right
- 5-8                      Push right shoulder forward 4 times.

### **BACK TOE STRUTS X 4**

- 1-2 Touch left toes back, step left heel down
- 3-4 Touch right toes back, step right heel down
- 5-6 Touch left toes back, step left heel down
- 7-8 Touch right toes back, step right heel down

**KICK & TOUCH, LEFT HIP BUMPS X 2, RIGHT SHOULDER PUSH X 4**

- 1&2 Kick left forward, step left together, touch right forward diagonally
- 3-4 With weight on left, bump hips to left side twice pushing left palm forward & to the left
- 5-8 Push right shoulder forward 4 times

**Section C ( 56 counts )**

**Counts 1-40 are the same as Section A**

**FORWARD MAMBO, HOLD, BACK MAMBO, HOLD**

- 1-2 Rock right forward, recover onto left
- 3-4 Step right back, hold
- 5-6 Rock left back, recover onto right
- 7-8 Step left forward, hold

**SIDE-ROCK-CROSS, HOLD X 2**

- 1-2 Rock right to right side, recover onto left
  - 3-4 Cross right over left, hold
  - 5-6 Rock left to left side, recover onto right
  - 7-8 Cross left over right, hold
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