

Mystery Cha

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Paul McAdam (UK) - June 2008
音樂: Would I Lie to You - Charles & Eddie



Count in: 32 counts from start of track.

*1-8 SIDE ROCK BACK, DIAGONAL SHUFFLE, CUBAN BREAKS

- 1,2,3 Step left foot to left side, rock back on right foot, recover weight on left foot
4&5 Step right foot forward to right diagonal, step left foot to right foot, step right foot forward to right diagonal
6&7 Rock left foot forward to right diagonal, recover weight onto right foot, rock left foot back to left diagonal
8&8 Recover weight onto right foot, rock left foot forward to right diagonal, recover weight onto right foot

*9-17 BACK, DRAG BALL CROSS, CROSS-SIDE-BEHIND-SWEEP, CROSS BEHIND 1/4 TURN, LEFT SHUFFLE

- 1,2&3 Step left foot big step back to left diagonal, drag right foot in to left foot, step back on ball of right foot, cross left foot slightly over right foot
4&5 Cross right foot over left foot, step left foot to left side, cross right foot behind left foot and sweep left foot back
6,7 Cross left foot behind right foot, make a 1/4 turn right and step forward on right foot
8&1 Step left foot forward, step right foot to left foot, step left foot forward

*18-25 MAMBO ROCK FORWARD, BACK LOCK STEP, 1/4 TURN STEP TOUCH, FULL TURN LEFT

- 2&3 Rock forward on right foot, recover weight onto left foot, step back on right foot
4&5 Step back on left foot, lock right foot over left, step back on left foot
6,7 Make a 1/4 turn right and step right foot to right side, touch left toe out to left side torque upper body right
8&1 Make a 1/4 turn left and step forward on left foot, make a 1/2 turn left and step back on right foot, make a 1/4 turn left and step left foot a big step to left side

*26-32 DRAG, BALL CROSS, KICK-BALL-CROSS, SIDE ROCK, CROSS UNWIND FULL TURN

- 2&3 Drag right foot up to left foot, step back on ball of right foot, cross left foot slightly over right foot
4&5 Kick right foot to right diagonal, step ball of right foot to right side, cross left foot over right foot
6,7 Rock right foot to right side, recover weight onto left foot
8& Cross right foot over left foot, unwind a full turn left.

START AGAIN AND ENJOY!