

Sky-High

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Jan Brookfield (UK) - June 2008
音樂: Sky - Logan Wilson : (CD single, Album: Geography)



Start on word "stoned", 19 secs in.

Section 1: SWIVELS, KICK, COASTER STEP, ½ PIVOT

1,2,3,4 Weight on both feet, swivel L, R, L, kick R forward
5&6 Step back on R, step on L next to R, step R forward
7,8 Step L forward, pivot half turn over right shoulder (weight now on R)

Section 2 : SYNCOPATED GRAPEVINE , BACK ROCK, FULL TURN

1,2 & 3,4 Step L to side, step R behind L, step on ball of L foot, step R across L, step L to side
5,6 Rock back on R, rock forward onto L
7, 8 Make a full turn forward over left shoulder, stepping on R,L

Section 3 : ROCK STEP, ¼ TURN CHASSE, JAZZ BOX CROSS

1,2 Step forward on R, rock back onto L
3&4 Making a quarter turn to right, chasse on R,L,R
5,6,7,8 Step L across in front of R, step back on R, step L to side, step R across L

Section 4 : CHASSE LEFT, ROCK BACK, ½ PIVOT, STOMP x 2

1&2 Chasse left on L,R,L
3,4 Rock back on R, rock forward onto L
5,6 Step R forward, pivot half turn over left shoulder, weight now on L
7,8 Stomp R, stomp L in place (now facing 3 o'clock)