

# Disco Defenders

COPPER KNOB  
BY STEPSHEETS

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - June 2008  
音樂: We Keep On Rockin' - Alcazar : (CD: Absolute Music 57)



After the drums really kick in start after 16 count intro on main vocal – approximately 23 seconds into song

## (1-8) R wizard, L rocking chair, L wizard

1-2&                      Step R forward on right diagonal, step L behind R, step R forward  
3-6                      Rock L forward, recover weight on R, rock L back, recover weight on R  
7-8&                      Step L forward on L diagonal, step R behind L, step L forward

## (9-16) R fwd rock & recover, R full turn back, R rock back & recover, R kick ball change

1-2                      Rock R forward, recover weight on L  
3-4                      Turning ½ right step R forward, turning ½ right step L back

### Easier option for 3-4: walk back 2 – R & L

5-6                      Rock R back, recover weight on L  
7&8                      Kick R forward, step R together, step L slightly forward

## (17-24) ¼ R heel grind, R coaster cross, L side rock & recover, L behind, R side, L together

1-2                      Touch R heel forward, grind R heel out & turn ¼ right (weight remains on L)  
3&4                      Step R back, step L together, cross step R over L  
5-6                      Rock L side, recover weight on R  
7&8                      Cross step L behind R, step R side, step L slightly forward (facing 3 o'clock)

## (25-32) ½ R monterey, L side shuffle, R cross rock & recover, ¼ R shuffle

1-2                      Touch R toes side, turning ½ right step R together  
3&4                      Step L side, step R together, step L side  
5-6                      Cross rock R over L, recover weight on L  
7&8                      Turning ¼ right step R forward, step L together, step R forward (facing 12 o'clock)

**Ending: On final wall at this point step L forward & strike a pose!**

## (33-40) Syncopated steps with ¼ R turn, R kick ball side touch & switches, ¼ R hook turn

1-2                      Step L forward, touch R together  
&3&4                      Turning ¼ right step R back, touch L heel forward, step L together, touch R together  
5&6&                      Kick R forward, step R together, touch L toes to side, step L together  
7-8                      Touch R toes to side, turning ¼ right hook R (facing 6 o'clock)

## (41-48) R fwd shuffle, L fwd rock & recover, L coaster step, R kick ball cross

1&2                      Step R forward, step L together, step R forward  
3-4                      Rock L forward, recover weight on R  
5&6                      Step L back, step R together, cross step L over R  
7&8                      Kick R forward, step R back, cross step L over R

**Restart: DURING the 2nd wall of the dance at this point you will be facing the front. Restart here.**

## (49-56) ¾ R turn, R coaster, L kick & apart, R weave 2

1-2                      Turning ¼ right step R forward, turning ½ right step L back  
3&4                      Step R back, step L together, step R forward  
5&6                      Kick L forward, step L apart, step R slightly apart  
7-8                      Cross step L over R, step R to side (facing 3 o'clock)

## (57-64) R weave 2, L cross rock & recover, ¼ L shuffle, R fwd, ½ L pivot

1-4                      Cross step L behind R, step R to side, cross rock L over, recover weight on R

5&6            Turning  $\frac{1}{4}$  left step L forward, step R together, step L forward  
7-8            Step R forward, pivot  $\frac{1}{2}$  left (facing 6 o'clock)

**Tags: At END of the 4th & 6th walls (you will be facing front when you execute tag) do the following before starting the dance again:**

1-4            Step R slightly forward, hold & clap! step L slightly forward, hold & double clap!

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