

Beating Like A Drum

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rebecca Armstrong (SCO) - June 2008
音樂: Feels Like I'm In Love - Kelly Marie : (CD: Best Disco Album In The World)



(1-8) LEFT SIDE SHUFFLE, ROCK, RECOVER, RIGHT SIDE SHUFFLE, ROCK RECOVER

1&2 step L to L side, step R beside L, step L to L side
3-4 rock R behind L, recover on to L
5&6 step R to R side, step L beside R, step R to R side
7-8 rock L behind R, recover on to R

(9-16) FWD LEFT SHUFFLE, ROCK RECOVER, SHUFFLE ½, ROCK RECOVER

1&2 step fwd on L, step R beside L, step fwd on L
3-4 rock fwd on R, recover back on to L
5&6 step back on to R making ¼ turn R, step L beside R, step R to R side making ¼ turn R
7-8 rock fwd on L, recover back on to R

(17-24) TOE STRUTS X 4

1-2 step back on to L toe, put weight on to heel
3-4 step back on to R toe, put weight on to heel
5-6 step back on to L toe, put weight on to heel
7-8 step back on to R toe, put weight on to heel

(25-32) HIP BUMPS X 4

1&2 bump hips to L, bump hips to R, bump hips to L
3&4 bump hips to R, bump hips to L, bump hips to R
5&6 bump hips to L, bump hips to R, bump hips to L
7&8 bump hips to R, bump hips to L, bump hips to R
