

Perfect Time

拍數: 32 牆數: 2 級數: Improver
編舞者: Gaby Neumann (DE) - June 2008
音樂: Life At The Perfect Time - Michael C. Kent



The dance begins with the Song

Walk, Walk, ½ Pivot Turn right, Shuffle (l,r,l), ¼ Turn left

1, 2 LF step forward, RF step forward
3, 4 LF step forward, ½ turn right
5&6 Shuffle forward (L, R, L)
7, 8 RF step forward, ¼ turn left

Shuffle (r,l,r), ½ Pivot Turn right, Shuffle (l,r,l), ¼ Turn left

1&2 Shuffle forward (R, L, R)
3, 4 LF step forward, ½ turn right
5&6 Shuffle forward (L, R, L)
7, 8 RF step forward, ¼ turn left (wight on RF)

Coaster Step, Stomp, Stomp, Coaster Step, Stomp, Stomp

1&2 LF step back, RF next to LF, LF step forward
3, 4 RF stomp on place, LF stomp on place
5&6 RF step back, LF next to RF, RF step forward
7, 8 LF stomp on place, RF stomp on place

Side, By, Cross Shuffle (left), Side, By, Cross Shuffle (right)

1, 2 LF step left, RF next to LF
3&4 LF cross over RF, RF next to LF, LF cross over RF
5, 6 RF step right, LF next to RF
7&8 RF cross over LF, LF next to RF, RF cross over LF

Tag: dance the tag 3x (with begin of the Guitar Solo) after the 3rd, 6th and the 10th wall. The last step of the 3rd tag is the last count of the music.

Heel Switches with Tap Behind, Claps r+l

1&2 LF touch heel forward, LF next to RF, RF touch heel forward
&3 RF next to LF, LF touch toe backward
&4 clap, clap
&5 LF next to RF, RF touch heel forward
&6 RF next to LF, LF touch heel forward
&7 LF next to RF, RF touch toe backward
&8 clap, clap

Step, Shuffle (l,r,l), ½ Triple Turn left, Rock Back, Kick Ball Change

&1&2 RF next to LF, Shuffle forward (L, R, L)
3&4 Shuffle with ½ turn left (R, L, R)
5, 6 LF step backward, wight back on RF
7&8 LF kick forward, LF next to RF, RF next to LF

Wiederholung bis zum Ende