

# My List

拍數: 48      牆數: 4      級數: Improver  
編舞者: Lynn Gannon (UK) - June 2008  
音樂: Pull My Chain - Toby Keith : (Album: My List)



## WALK /SHUFFLE FWD/ROCK STEP/COASTER STEP.

1-2      Walk Fwd Right then Left  
3&4      Shuffle Fwd R L R (12 o'clock)  
5-6      Rock Fwd on Left back on Right  
7&8      Step back on Left , step Right next to Left , Step Fwd on Left.

## BOX STEP/STEP ¼ TURN CROSS SHUFFLE.

1-4      Cross Right over Left, step back on Left , step Right to Right side , step Fwd Left  
5-6      Step Fwd Right , pivot ¼ turn Left  
7&8      Cross Right over Left , step on ball of Left , cross Right over Left (9 o'clock)

## SIDE TOG/CROSS SHUFFLE/ ¼ TURN LEFT/ KICK BALL STEP

1-2      Step Left to Left side , slide Right next to Left  
3&4      Cross Left over Right , Step on ball of Right , cross Left over Right  
5-6      Step back on Right ¼ turn Left , step Left next to Right  
7&8      Kick Right , step on ball of Right , step Left next to Right (6 o'clock)

## WALK/SHUFFLE FWD/WALK / ROCK ¼ TURN LEFT.

1-2      Walk Fwd Right then Left  
3&4      Shuffle Fwd on R L R  
5-6      Walk Fwd on Left then Right (3 o'clock)  
7&8      Rock Fwd on Left , step on ball of Right , step Left ¼ turn Left .

## CROSS HOLD/ CHASSE LEFT/ CROSS HOLD CHASSE LEFT

1-2      Cross Right over Left , Hold  
3&4      Step Left to Left side , step on ball of Right , step Left to Left side  
5-6      Cross Right over Left , Hold (3 o'clock)  
7&8      Step Left to Left side , step on ball of Right , step Left to Left side.

## BOX STEP/1/4 TURN STEP/STEP PIVOT ¼ TURN

1-4      Step Right over Left , step back on Left , step Right to Right side , step Fwd on Left  
5-6      Step back on Right ¼ turn Left , step Left next to Right (9' oclock)  
7-8      Step Fwd on Right , pivot ¼ turn Left .

**Note ADD 2 HIP SWAYS RIGHT THEN LEFT AT THE END OF WALLS 1 AND 3 THEN 4 AT THE END OF WALL 4 RLRL**

**ALSO- ON WALL 2 LEAVE OUT STEPS 5-8 OF SECTION 5 THEN JUST CARRY ON THE DANCE**