

# Lighthouse Charlston

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mavis Broom (UK) - June 2008  
音樂: I Want to Marry a Lighthouse Keeper - Erica Eigen : (Album: Clockwork Orange, M & S Advert)



**Dance Starts after 16 Counts (Vocals).**

**Dance rotates in a Clockwise direction.**

**Music suggestion: Sea Salt Sally Floor Split or Any Charlston Beat**

## **(1-8) BACK RIGHT CHARLSTON FLICKS X 2, HIP BUMPS**

- 1-2            Flick Right to Back Right diagonal, Touch Right Toe Next to Left.
- 3-4            Flick Right to Back Right diagonal, Step onto Right.
- 5-6            Bump hips, Right, Left.
- 7-8            Bump hip, Right, Hold. (weight on right)

## **(9-16) LEFT BACK CHARLSTON FLICKS X 2, HIP BUMPS**

- 1-2            Flick Left to Back Left Diagonal, Touch Left Toe Next to Right
- 3-4            Flick Left to Back Left Diagonal, Step onto Left.
- 5-6            Bump Hips, Left. Right.
- 7-8            Bump hip, Left, Hold. (weight on Left)

## **(17-24) SLOW CHARLSTON WITH ¼ TURN RIGHT**

- 1-2            Swing Right Forward, Touch Right Toe Forward.
- 3-4            Swing Right Back Turning ¼ Right, Step Right Next to Left.
- 5-6            Swing Left Back, Touch Left Toe Back.
- 7-8            Swing Left Forward, Step Left Next to Right.

## **(25-32) TWIST HEELS, TOES, HEELS, CLAP. HEELS TOES HEELS CLAP**

- 1-2            (weight on toes) Twist Heels Right, (weight on heels) Twist Toes Right.
- 3-4            (weight on toes) Twist Heels Right, Clap.
- 5-6            (weight on toes) Twist Heels Left, (weight on heels) Twist Toes Left.
- 7-8            (weight on toes) Twist Heels Left, Clap. (weight ends on left).

**Optional Hand movements: On Counts 1-8 With Palms facing outwards, rotate both hands anti-clockwise twice. Counts 9-16 rotate hands clockwise twice**

**Choreographers Note on wall 3 counts 25-32 (Heel/Toes) The Music Slows down, just carry on slowly and start again as normal when the music kicks in. The Music is a short track so Dance it twice!**

**HAVE FUN!! AND SING ALONG**