

# Proud of Me

拍數: 48      牆數: 4      級數: Intermediate Waltz  
編舞者: Malene Jakobsen (DK) - June 2008  
音樂: Proud of Me - Tracy Byrd : (Album: It's About Time)



Intro: 24 counts from the beat - 14 seconds into track, on the word "up"

**(1-12) Twinkle, twinkle ¼, twinkle, twinkle ¼**

1-2-3      Cross L over R, step R to R side, step L to L side  
4-5-6      Cross R over L, turn ¼ R stepping back on L, step R to R side (03.00)  
1-2-3      Cross L over R, step R to R side, step L to L side  
4-5-6      Cross R over L, turn ¼ R stepping back on L, step R to R side (06.00)

**(13-24) Cross rock, sweep, behind side cross, side rock, cross, step, kick**

1-2-3      Cross L over R, recover onto R, sweep L from front to back  
4-5-6      Cross L behind R, step R to side, cross L over R

**NOTE: For finishing at 12.00 – unwind ½ turn R here on wall 9**

1-2-3      Rock R to R, recover onto L, cross R over L facing L diagonal  
4-5-6      Step forward on L on L diagonal, kick R forward over 2 counts (04.30)

**(25-36) Coaster step, step, ½, step, 5/8, step x 2, ½, step**

1-2-3      Step back on R, step L beside R, step forward on R  
4-5-6      Step forward on L, turn ½ R, step forward on L (10.30)  
1-2-3      Step forward on R and on ball of R turn 5/8 L stepping forward on L, step forward on R (03.00)  
4-5-6      Step forward on L, turn ½ R, step forward on L (09.00)

**(37-48) Full turn, basic, basic, sway, step, drag**

1-2-3      Turn ½ L stepping back on R, turn ½ L stepping forward on L, step forward on R  
4-5-6      Step forward on L, step R beside L, step L in place  
1-2-3      Step back on R, step L beside R, step R in place  
4-5-6      Step L to L and sway L, step R to R on R diagonal (big step), drag L towards R preparing for the twinkle