

Modern World

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Roy Verdonk (NL) & Wil Bos (NL) - June 2008
音樂: Modern World - Anouk : (CD: Who's Your Momma)



Intro: 32 counts

Kick Ball Step, Swivel Heel (x2), Coaster Step, Rock, Recover

1&2 Kick right forward, Step on ball right, Step forward on left
3-4 Swivel left heel towards right, Swivel left to the middle
5&6 Step left back, Step right next to left, Step left forward
7-8 Rock right forward, Recover (12.00 o'clock)

Touch, Turn, Kick, Coaster Step, Step, Pivot, ¼ Turn, Cross

1-2 Touch right next to left, ¼ turn right kick right forward
3&4 Step right back, Step left next to right, Step right forward
5-6 Step left forward, ½ turn left step back on right
7-8 ¼ Turn left step left to left side, Cross right over left (6.00 o'clock)

Chassé, Rock, Recover, Hinge Turn, Heel Jack

1&2 Step left to left side, Close right next to left, Step left to left side
3-4 Cross rock right behind left, Recover
5-6 ¼ Turn left step back on right, ¼ Turn left step left to left side
7&8 Cross right over left, Step back on left, Touch right heel to the right diagonal (12:00 o'clock)

Close, Cross, Side, Heel Jack, Close, &Cross, Hold, &Cross, ¼ Turn Step

&1-2 Close right next to left, Cross left over right, Step right to right side
3&4 Cross left behind right, step right to right side, Touch left heel to left diagonal
&5-6 Close, Cross right over left, Hold. (12:00 o'clock)
&7-8 Step left to left side, Cross right over left, ¼ Turn left step left forward (9.00 o'clock)

Heel Switches, Close, Touch Back, Unwind ¾ Turn, Step, Kick, Step, Touch, Hold

1&2& Touch right heel forward, Close right next to left, Touch left heel forward, Close left next to right
3-4 Touch right toe back, Unwind ¾ Turn right
5-6 Step left forward, Kick right forward
&7-8 Step back on right, Touch left next to right. Hold (6.00 o'clock)

Shuffle, Rock, Recover, ¾ Shuffle Turn, Rock, Recover

1&2 Step left forward, Close right next to left, Step left forward
3-4 Rock forward on right, Recover
5&6 ½ Turn right step right forward, Close left next to right, ¼ Turn right step right forward
7-8 Rock left to left side, Recover (9.00 o'clock)

Sailor Step (x2), walk (x3), Anchor Step

1&2 Cross left behind right, Step right to right side, Recover on left step left to left side
3&4 Cross right behind left, Step left to left side, Recover on right step right to right side
5-6-7 Step forward left, Step forward right, Step forward left
8&1 Lock right behind left, Step left forward, Step right back

Coaster Step, Step, Half Turn Step, Full Turn right, Step

2&3 Step left back, Step right next to left, Step left forward
4&5 Step right forward, ½ turn Left step down on left, Step forward on Right

6-7 ½ turn right step back on left, ½ turn right step forward on right
8 Step forward on left (9.00 o'clock)

Start again and let the music rock your body.
