

In my Arms

拍數: 32 牆數: 2
編舞者: Zac Detweiller (USA) - May 2008
音樂: In My Arms - Plumb



Intro: 8cts

Full Fouetté, Rond de jambe, Weave into Right Basic, 3/4 Turn, Full Spiral

- 8&1 Kick Right forward, Hitch Right making a full turn Right, Sweep Right around from front to back
- (Option: Touch Right toe forward, Sweep Right around front to back 2x)**
- 2&3 Step Right behind Left, Make a ¼ turn Left stepping left forward, Make another ¼ turn Left stepping Right to Right (6 o'clock)
- 4&5 Step Left to Left, Cross Right over Left, Make a ¼ turn Right stepping back on Left
- 6&7 Make a ½ turn Right Stepping forward Right, Step Left forward and slightly in front of Right (prep), Make a full turn Right keeping weight on Left (9 o'clock)

Step Lock Rond de jambe, ¼ weave, Step prep, Full Port de bras Forward and Back

- 8&1 Step forward on Right, Lock Left behind Right, Sweep Right from front to back
- 2&3 Step back on Right, Make a ¼ turn Left Stepping Left to Left, Present Right toe forward in extended 3rd with all toes touching floor and heel turned in
- 4&5 Extend Left arm to Left side in 2nd position, Right hand will present in front of Right hip palm up, Right hand will follow Right leg down as you lean forward keeping left in 2nd
- 6,7 Straighten upper body from the waist in to a slight lean back while keeping Right hand above head and Left in 2nd, Bring Right arm in front of body

Make 1 ¼ figure 4 turn Right, Left basic, Right check, 2 full Chaînés turns Left

- 8&1 Step forward onto ball of Right foot, Bring Left foot to figure 4 making a 1 ¼ turn to Right, Step Left to Left (9 o'clock)
- (Option: Omit full turn and only make a ¼ holding to make it dramatic)**
- 2&3 Step Right behind Left, Cross Left over Right, Step Right to Right side
- 4&5 Rock onto Left foot to Right diagonal, Recover Weight Right, Step Left to Left side making a ¼ turn Left (12 O'clock)
- 8&6&7 Make a ½ turn Right stepping back Right, Make a ½ turn Right stepping forward Left, Make a ½ turn Right Stepping back Right, Make a ¼ turn Stepping Left to Left side
- (Option: omit ¼ turn on ct 5 and do: Side, Cross, Side, 6&7)**

Check step, Cross ¼ Side, 1 ½ turn Left, Coaster step

- 8&1 Cross rock Right over Left to diagonal, Recover weight Left, Step Right to Right side
- 2&3 Cross Left over Right, Make a ¼ turn Left stepping back on Right, Step Left to Left side
- 4&5 Make a ½ turn stepping Right in place, Make a ½ turn stepping Left in place, make a ½ turn Right stepping Right back
- 6&7 Step Left Back, Step Right beside Right, Step Left forward

Tag 1: Happens at the end of the second wall (facing 12 o'clock)

Do counts 8-3 from section one as choreographed above

Side Cross ½ Right, Coaster Step

- 4&a5 Step Left To Left, Cross Right over Left, Make a ¼ turn Right Stepping back on Left, Make a ¼ turn Right stepping Right to Right (12 o'clock)
- 6&7 Step Left Back, Step Right beside Left, Step Left forward
- 8&1 Start dance again

Tag #2 Happens at the end of the 5th wall (6 O'clock)

Do counts 8&1 like choreographed above in section one of the dance

Behind, Full Turn, Forward

2&a3 Step Right behind Left, Make a ½ turn Left stepping Left, Make a ½ turn Left stepping Right
 beside Left, Step Left forward

4&1 Begin the dance again from the top! Enjoy!!
